

# 2025

# Community Health Needs Assessment Implementation Strategy

Methodist Richardson Medical Center  
Methodist Hospital for Surgery



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# Introduction

Methodist Richardson Medical Center and Methodist Hospital for Surgery are pleased to present its 2026-2028 Implementation Strategy (IS). This plan follows the development of the 2025 Community Health Needs Assessment (CHNA).

## Implementation Strategy Purpose

The purpose of this implementation strategy report is to align the hospital's limited resources, program services, and activities with the findings of the CHNA. This includes identifying strategies and activities that Methodist Richardson Medical Center and Methodist Hospital for Surgery will employ to address the health priorities identified in the most recent CHNA:



Access to  
Healthcare (including Health  
Literacy & Education)



Chronic  
Disease



Mental Health &  
Mental Disorders



Older Adult  
Health



Women's  
Health

## Implementation Strategy Development

This Implementation Strategy was developed by a team of members of senior leadership at Methodist Richardson Medical Center and Methodist Hospital for Surgery representing several departments of the organizations, including clinical administration, nursing, finance, and community relations. The team included input from the hospitals' communities and local nonprofit organizations to prioritize selected strategies and determine possible collaborations.

## Facility Summary

The table below outlines which portion of the joint implementation strategy relates to each facility. This corresponds to the health priorities outlined above.

Facility	Access to Healthcare	Chronic Disease	Health Literacy and Education	Mental Health & Mental Disorders	Older Adult Health	Women's Health
Methodist Richardson	✓	✓	✓	✓	✓	✓
Methodist Hospital for Surgery				✓		

# Methodist Health System

Methodist Health System first opened its doors in 1927 as a single, 100-bed facility called Dallas Methodist Hospital. It has since become one of the leading healthcare providers in North Texas, owning and operating multiple individually licensed hospitals that serve the residents across the state. Methodist Richardson Medical Center and Methodist Hospital for Surgery serve the communities of Collin and Dallas Counties. Facilities with overlapping counties of patient origin collaborated to provide a joint CHNA report in accordance with the U.S. Treasury regulations and 501(r)(3) of the Internal Revenue Code.

## Mission, Vision, and Values



### Mission

To improve and save lives through compassionate, quality healthcare.



### Vision

To be the trusted choice for health and wellness.



**Servant Heart** – compassionately putting others first



**Innovation** – courageous creativity and commitment to quality



**Enthusiasm** – celebration of individual and team accomplishment



**Hospitality** – offering a welcoming and caring environment



**Noble** – unwavering honesty and integrity



**Skillful** – dedicated to learning and excellence

## **Community Definition**

The community served by Methodist Richardson Medical Center and Methodist Hospital for Surgery includes Collin and Dallas Counties and is defined as the geographic area from which a significant number of the patients utilizing hospital services reside. This includes 108 ZIP codes in Collin and Dallas Counties.

## **Action Plans**

The action plans presented on the following pages outline in detail the individual strategies and activities Methodist Richardson Medical Center and Methodist Hospital for Surgery will implement to address the prioritized health needs. The following components are outlined in detail in the frameworks that follow: (1) Actions the hospital intends to take to address the health needs identified in the CHNA; (2) Anticipated impact of these actions; (3) Resources the hospital plans to commit to each strategy; and (4) Planned collaboration to support the work outlined.



## Access to Healthcare (including Health Literacy & Education)

**Methodist Richardson Medical Center Goal Statement:** Advance community health and resilience by improving access to services, promoting preventive health education, and strengthening emergency response capabilities across the region.

<b>Methodist Richardson Medical Center Strategy:</b> Increase access to care and strengthen community capacity to respond to health emergencies through integrated clinical services, education, and training.			
Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Provide nurse practitioners (NP) and clinic staff to support the Richardson Independent School District (RISD) urgent care clinic in partnership with Network Community Services.	Clinic NP and staff	Enhanced urgent care access and community support for services	Richardson Independent School District and Network Community Services
Activity 2: Enhance the region's care access through expanded community service offerings.	Hospital support for clinic services, referrals	Enhanced access and community support for services	
Activity 3: Provide community bystander CPR classes and AED training to equip community members with lifesaving skills.	Event coordination and training staff; education materials	Increased awareness and understanding of basics of CPR and how to respond in an emergency	Richardson Fire Department and UT Dallas
Activity 4: Deliver community education on heart attack prevention, including blood pressure screenings and heart rate checks.	Event coordination; education materials; screening equipment and staff	Increased community awareness of heart attack prevention, early detection, and proactive management of cardiovascular risk factors	

## Access to Healthcare (continued)

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 5: Deliver specialized training for first responders on stroke recognition, response, and treatment protocols to improve patient outcomes.	Training coordination and staff; education materials	Increased alignment with stroke center protocols; improved coordination with emergency departments, leading to better outcomes for stroke patients	Local Fire Departments, EMS, and other First Responder groups

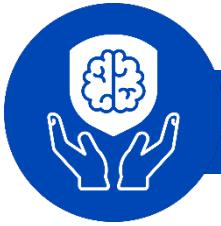


## Chronic Disease

**Methodist Richardson Medical Center Goal Statement:** Enhance community health by empowering individuals with knowledge, preventive tools, and support systems to manage chronic conditions and reduce stroke risk.

 **Methodist Richardson Medical Center Strategy:** Reduce the burden of chronic disease and stroke in the community by increasing access to education, preventive screenings, and ongoing support through partnerships, outreach, and expert-led programs.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Deliver lunch-and-learn sessions with local businesses focused on chronic disease management.	Speakers, education and support materials, promotion	Increased awareness of better management of chronic conditions	Local businesses
Activity 2: Host quarterly seminars led by healthcare professionals addressing chronic disease prevention, management strategies, and lifestyle interventions.	Event volunteers, staff, meeting space, education support materials, and promotion	Increased awareness of chronic disease management and how to reduce risk	
Activity 3: Provide community education on stroke prevention combined with free blood pressure screenings every quarter.	Speakers, education and support materials, promotion	Increased awareness of better management of chronic conditions that contribute to stroke	
Activity 4: Maintain and expand participation in the stroke support group.	Stroke support group staff, facilities, and education materials	Increased awareness and understanding of treatment and coping mechanisms for stroke patients and family	



## Mental Health & Mental Disorders

**Methodist Richardson Medical Center Goal Statement:** Enhance mental health outcomes and resilience across the Richardson community by supporting crisis intervention, and access to care, and fostering awareness and support for mental well-being.

<b>Methodist Richardson Medical Center Strategy:</b> Strengthen community mental health by integrating crisis response, providing access to behavioral health services, and promoting mental well-being through education, partnerships, and targeted programs.			
<b>Activities</b>	<b>Resources</b>	<b>Anticipated Outcome/Impact</b>	<b>Collaboration Partner(s)</b>
Activity 1: Provide a licensed social worker to work alongside Richardson Police Department officers, providing on-scene support for mental health crisis de-escalation.	Social workers for program; Financial support	De-escalation of mental health crises in the field; increased awareness and placement of behavioral health patients to appropriate care	Richardson Police Department, Methodist Richardson Foundation, City of Richardson
Activity 2: Maintain Inpatient (IP) and Outpatient (OP) behavioral health services at Methodist Richardson Medical Center.	Methodist Richardson IP and OP behavioral health beds and operations	Access to behavioral health services	
Activity 3: Support City of Richardson community programs devoted to mental health awareness through event sponsorship and support.	Sponsorship dollars; event volunteers and support	Increased awareness of signs and symptoms of mental health issues and available community resources	City of Richardson
Activity 4: Offer a specialized program for college students and early-career professionals focused on building resilience, stress management, and mental well-being.	Mental health professionals; program materials; funding and administrative support	Increased access to mental health resources; Earlier identification and intervention of issues; improved stress management among participants	

## Mental Health & Mental Disorders (continued)

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 5: Provide financial support to The Counseling Place and actively participate in the Mindful Mile event to promote mental health resources and community engagement.	Sponsorship funding and event support	Enhanced support of campaign for mental health awareness	The Counseling Place

**Methodist Hospital for Surgery Goal Statement:** Enhance mental health outcomes and resilience across the community by fostering a meaningful and sustained partnership with Metrocrest Services through financial support, participating in community events, and promoting awareness of their mission.

 **Methodist Hospital for Surgery Strategy:** Strengthen community mental health by strategically supporting Metrocrest Services through targeted sponsorships and active participation in sponsored events.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Support Metrocrest services through sponsorship dollars and sponsored events.	Sponsorship dollars; event volunteers and support	Increased awareness of services and available resources	Metrocrest Services



## Older Adult Health

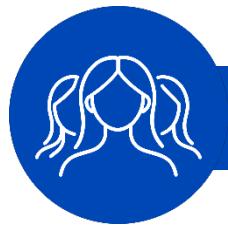
**Methodist Richardson Medical Center Goal Statement:** Promote healthy aging and reduce preventable health risks by increasing access to education, preventive programs, and primary care services for older adults in the Richardson community.

 **Methodist Richardson Medical Center Strategy:** Enhance the health and well-being of the aging population by expanding access to education, preventive care, and primary care support through community-based partnerships and targeted outreach initiatives.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Increase health education and outreach at the Richardson Senior Center to address the unique needs of the aging community.	Physician speakers, outreach coordination, education materials	Increased awareness of older adult health issues and how to mitigate them	Richardson Senior Center
Activity 2: Collaborate with the Network of Community Ministries and the Senior Net program to provide education on aging-related health issues.	Speakers, outreach coordination, education materials	Increased awareness of older adult health issues and how to mitigate the risks	Network of Community Ministries
Activity 3: Strengthen primary care physician support to meet the needs of Richardson Senior Center patrons.	Provider(s), PCP office(s), education materials, and support	Increased awareness of older adult health issues and how to mitigate the risks	Richardson Senior Center
Activity 4: Organize and deliver community education and resources during Fall Prevention Week to reduce fall-related risks among older adults.	Staff, education, and support materials	Increased awareness of better balance techniques, identification of the causes of falling and how to improve balance	

## Older Adult Health (continued)

<b>Activities</b>	<b>Resources</b>	<b>Anticipated Outcome/Impact</b>	<b>Collaboration Partner(s)</b>
Activity 5: Provide quarterly physician-led seminars for seniors that focus on age-related health issues.	Event volunteers, staff, meeting space, education support materials, and promotion	Increased awareness of aging health issues and how to manage and reduce risk among participants	



## Women's Health

**Methodist Richardson Medical Center Goal Statement:** Promote women's health and reduce preventable health risks by providing access to education, preventive programs, and obstetric care services in the Richardson community.

 **Methodist Richardson Medical Center Strategy:** Advance women's health and maternal care by providing access to cancer education, preventive screenings, specialized obstetric emergency care and evidence-based practices.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partners
Activity 1: Deliver ongoing community education focused on cancer prevention and early detection.	Speakers, outreach coordination, education materials	Increased awareness of prevention and early detection	
Activity 2: Provide culturally tailored breast health education, screening navigation, and support services through the Asian Breast Health Outreach Project (ABHOP).	ABHOP coordination staff, support materials, and services	Increased awareness in Asian languages to Asian communities; minimized barriers to awareness and screenings	ABHOP, Methodist Richardson Foundation
Activity 3: Enhance the availability of services that support maternal and family health needs.	Education, and support materials	Increased access to maternal health services and information	
Activity 4: Enhance readiness and response for maternal health crises by offering specialized obstetric emergency care to provide rapid access to expert teams.	Emergency room staffing and training; needed systems and support	Enhanced maternal care; potential improved maternal and infant outcomes; strengthened health system capacity	

## Women's Health (continued)

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 5: Actively participate in the Texas Alliance for Innovation on Maternal Health (AIM) program by implementing standardized safety bundles to improve maternal health outcomes.	Leadership and governance; staffing and training; monitoring infrastructure; bundle implementation tools	Shared learning opportunities for hospitals to adopt evidence-based protocols, aiming to reduce preventable maternal mortality and morbidity in Texas	Texas Department of State Health Services (DSHS), Alliance for Innovation on Maternal Health (AIM), and Texas Hospital Association

## Conclusion

Methodist Richardson Medical Center and Methodist Hospital for Surgery have developed this Implementation Strategy in compliance with the Internal Revenue Service (IRS) regulations for non-profit hospitals. Methodist Health System partnered with Conduent Healthy Communities Institute (HCI) to develop this Implementation Strategy. The goals, strategies and activities outlined in this plan will guide Methodist Richardson Medical Center and Methodist Hospital for Surgery in their collective effort to address the respective health priorities for each facility. The progress of these initiatives will be monitored to ensure ongoing alignment with the system's mission to improve and save lives through compassionate quality healthcare.