

# 2025

## Community Health Needs Assessment Implementation Strategy

Methodist Mansfield Medical Center  
Methodist Southlake Medical Center



**Methodist**  
HEALTH SYSTEM

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# Introduction

Methodist Mansfield Medical Center and Methodist Southlake Medical Center are pleased to present its 2026-2028 Implementation Strategy (IS). This plan follows the development of the 2025 Community Health Needs Assessment (CHNA).

## Implementation Strategy Purpose

The purpose of this implementation strategy report is to align the hospital's limited resources, program services, and activities with the findings of the CHNA. This includes identifying strategies and activities that Methodist Mansfield Medical Center and Methodist Southlake Medical Center will employ to address the health priorities identified in the most recent CHNA:



**Access to  
Healthcare**



**Mental Health & Mental  
Disorders (including  
Drug & Alcohol Misuse)**



**Cardio/Pulmonary/  
Vascular Care**



**Older Adult Health  
(including Other  
Conditions)**



**Women's Health**

## Implementation Strategy Development

This Implementation Strategy was developed by a team of members of senior leadership at Methodist Mansfield Medical Center and Methodist Southlake Medical Center representing several departments of the organizations, including clinical administration, nursing, finance, and community relations. The team included input from the hospitals' communities and local nonprofit organizations to prioritize selected strategies and determine possible collaborations.

# Facility Summary

The table below outlines which portion of the joint implementation strategy relates to each facility. This corresponds to the health priorities outlined above.

Facility	Access to Healthcare	Cardio/Pulmonary/Vascular Care	Mental Health & Mental Disorders (including Drug & Alcohol Misuse)	Older Adult Health (including Other Conditions)	Women's Health
Methodist Mansfield	✓	✓	✓	✓	✓
Methodist Southlake	✓	✓	✓	✓	✓

# Methodist Health System

Methodist Health System first opened its doors in 1927 as a single, 100-bed facility called Dallas Methodist Hospital. It has since become one of the leading healthcare providers in North Texas, owning and operating multiple individually licensed hospitals that serve the residents across the state. Methodist Mansfield Medical Center and Methodist Southlake Medical Center serve the community of Tarrant County. Facilities with overlapping counties of patient origin collaborated to provide a joint CHNA report in accordance with the U.S. Treasury regulations and 501(r)(3) of the Internal Revenue Code.

## Mission, Vision, and Values



### Mission

To improve and save lives through compassionate, quality healthcare.



### Vision

To be the trusted choice for health and wellness.

Methodist Health System core values reflect our historic commitment to Christian concepts of life and learning:



**Servant Heart** - compassionately putting others first



**Hospitality** - offering a welcoming and caring environment



**Innovation** - courageous creativity and commitment to quality



**Noble** - unwavering honesty and integrity



**Enthusiasm** - celebration of individual and team accomplishment



**Skillful** - dedicated to learning and excellence

## **Community Definition**

The community served by Methodist Mansfield Medical Center and Methodist Southlake Medical Center is Tarrant County and is defined as the geographic area from which a significant number of the patients utilizing hospital services reside. This includes the 69 ZIP codes in Tarrant County.

## **Action Plans**

The action plans presented on the following pages outline in detail the individual strategies and activities Methodist Mansfield Medical Center and Methodist Southlake Medical Center will implement to address the prioritized health needs. The following components are outlined in detail in the frameworks that follow: (1) Actions the hospital intends to take to address the health needs identified in the CHNA; (2) Anticipated impact of these actions; (3) Resources the hospital plans to commit to each strategy; and (4) Planned collaboration to support the work outlined.



## Access to Healthcare


**Methodist Mansfield Medical Center Goal Statement:** Enhance healthcare accessibility and preventive care in the Mansfield and surrounding communities by increasing primary care capacity, sustaining school health programs, and providing specialized services for athletic populations.



**Methodist Mansfield Medical Center Strategy:** Strengthen community health access by expanding primary care services, supporting school-based health initiatives, and enhancing sports medicine programs for student athletes through partnerships and specialized care.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Provide primary care providers to enhance service delivery and improve patient access at the Mansfield Linda Nix Clinic.	Primary care providers and clinic staff, sponsorship support	Increased support and provision of primary medical care for uninsured and underinsured patients	Mansfield Linda Nix Clinic
Activity 2: Expand community-based primary care capacity to better meet evolving healthcare needs.	Education materials, and support	Enhanced primary care engagement and services in the community	
Activity 3: Continue offering primary care services for all Mansfield ISD employees and their dependents through the MISD clinic.	Clinic staff, education, and support materials	Primary care access for ISD employees and dependents	Mansfield Independent School District
Activity 4: Deliver echocardiograms and sports physicals for student athletes in Mansfield, Grand Prairie, and UTA (Arlington), while maintaining sports medicine partnership.	Staff, medical equipment, education, and support materials	Primary care access for Mansfield student athletes	Mansfield Independent School District; Grand Prairie Independent School District; UTA (Arlington)

**Methodist Southlake Medical Center Goal Statement:** Enhance the overall healthcare and emergency response capacity in the service area by increasing access to care, elevating clinical capabilities, and empowering first responders through education.

 <b>Methodist Southlake Medical Center Strategy:</b> Strengthen community health and emergency preparedness by expanding access to primary care, enhancing capabilities, and fostering collaborative education initiatives.			
Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Increase community access to primary care through expanded service offerings and additional primary care physicians.	Education materials, and support	Enhanced community access to primary care and services in the community	
Activity 2: Offer sports physical examinations for student athletes within Carroll Independent School District.	Staff, medical equipment, education, and support materials	Primary care access for area student athletes	Carroll Independent School Districts
Activity 3: Broaden emergency service readiness to better support patients with complex needs.	Personnel; infrastructure; operations; equipment; training and education	Higher level of care available to community; enhanced community education and awareness	
Activity 4: Enhance the area's care access through expanded community service offerings.	Hospital support for clinic services, referrals	Enhanced access and community support for services	
Activity 5: Provide education and training for first responders focused on recognizing and managing critical conditions to optimize patient outcomes.	Training coordination and staff; education materials	Increased alignment with protocols, coordination with emergency departments, and enhanced preparedness	Local Fire Departments, EMS, and other First Responder groups





## Cardio/Pulmonary/Vascular Care

**Methodist Mansfield Medical Center Goal Statement:** Improve heart health and reduce cardiovascular risk by increasing access to expert care, empowering individuals with preventive knowledge, and strengthening community partnerships.




**Methodist Mansfield Medical Center Strategy:** Advance cardiovascular health in the community by expanding specialized care, promoting preventive education, and fostering engagement through outreach programs and events.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Provide community CPR classes to equip participants with CPR and AED training basics.	Event coordination and training staff; education materials	Increased awareness and understanding of basics of CPR and how to respond in an emergency	
Activity 2: Advance efforts to improve access to specialized cardiac diagnostics and treatment.	Education and support; staff training	Expanded cardiology diagnostic and treatment services	
Activity 3: Deliver community education through presentations and health fair participation, focusing on heart disease and stroke prevention strategies.	Speakers, education and support materials, promotion	Increased awareness of reducing risk factors associated with CV disease and stroke among participants	
Activity 4: Host Run with Heart event to promote heart health and honor those impacted by heart disease, their families, and supporting emergency responders.	Event coordination, volunteers, supporting materials and promotion	Greater community engagement in heart-healthy activities and improved awareness of cardiovascular disease prevention	

## Cardio/Pulmonary/Vascular Care (continued)

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 5: Conduct educational sessions for local businesses on cardiovascular health and heart attack prevention, led by expert physicians.	Speakers, education and support materials, promotion	Increased awareness and understanding of effective strategies for maintaining heart health and preventing cardiovascular disease	

**Methodist Southlake Medical Center Goal Statement:** Enhance cardiovascular health and emergency readiness in the service area by increasing awareness, optimizing emergency response training, and exploring access to preventive screenings.

 <b>Methodist Southlake Medical Center Strategy:</b> Reduce cardiovascular risk and improve emergency response outcomes through community education and exploring potential preventive health initiatives.			
Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Provide education to the community on cardiovascular disease prevention, early detection, and treatment options to promote heart health.	Speakers, outreach coordination, education materials	Increase awareness of cardiovascular disease symptoms, treatment, and risk factors	
Activity 2: Offer EMS education to optimize early STEMI identification, treatment, and timely transport to the hospitals.	Training materials, instructors or clinical educators, scheduling, and coordination support	Enhanced pre-hospital STEMI care and EMS readiness and adherence to protocols	Area EMS providers
Activity 3: Assess the feasibility of offering health screenings to congregants within faith-based organizations in the Methodist Southlake service area to expand preventive care outreach.	Screening staff; coordination; supplies and education materials	Access to health screenings; increased awareness of illness prevention and healthy lifestyle changes among participants	



## Mental Health & Mental Disorders (including Drug & Alcohol Misuse)


**Methodist Mansfield Medical Center Goal Statement:** Enhance mental health care and reduce crisis-related risks through emergency psychiatric support and connecting individuals to appropriate resources for ongoing support.



**Methodist Mansfield Medical Center Strategy:** Strengthen behavioral health care access and crisis intervention by leveraging partnerships, technology, and community resources to provide support for mental health and substance use needs.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Partner with Behavioral Health Connections to facilitate crisis placement and referral for patients presenting with suicidal thoughts or behaviors.	Hospital staff awareness and use of referral	Better placement options for suicidal patients	Behavioral Health Connections (BHC)
Activity 2: Provide ongoing support to the Tarrant Cares website to maintain and expand access to essential mental health resources for underserved communities.	Sponsorship funding support	Continued vital community resource that connects underserved populations to essential mental health services and information	TarrantCares.org
Activity 3: Provide tele-psychiatric consult services in the ED to provide support for patients in crisis.	Tele-psych coverage, services, and coordination	More streamlined care for the patients; faster more efficient treatment for patients	
Activity 4: Introduce a standardized screening process to identify individuals at risk for substance misuse and connect them with appropriate treatment and support services.	Process coordination, staff training, screening tools, and referral materials	Early identification of individuals at risk for substance misuse; increased awareness of available support resources; and improved access to intervention and assistance	

**Methodist Southlake Medical Center Goal Statement:** Enhance mental health care and crisis preparedness by providing support for suicidal patients and providing ongoing education for school-based health professionals.

 <b>Methodist Southlake Medical Center Strategy:</b> Strengthen mental health support and crisis response through the facilitation of placement and referrals for suicidal patients and equipping school health professionals with the knowledge and tools to manage mental health challenges effectively.			
Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Partner with Behavioral Health Connections to facilitate crises placement and referral for patients presenting with suicidal thoughts or behaviors.	Hospital staff awareness and use of referral	Better placement options for suicidal patients	Behavioral Health Connections
Activity 2: Offer training for Independent School District nurses on subjects that include mental health topics and critical incident stress management to enhance their ability to support students in crisis.	Instructors; training materials; scheduling and coordination support	Enhanced knowledge and skills among ISD nurses, improving mental health support and critical incident response	Carroll Independent School Districts



## Older Adult Health (including Other Conditions)

**Methodist Mansfield Medical Center Goal Statement:** Enhance health and quality of life for seniors by providing access to mental health screenings, diabetes education, and age-specific preventive care resources.



**Methodist Mansfield Medical Center Strategy:** Promote healthy aging and chronic disease management by providing accessible education, preventive screenings, and supportive programs tailored to the needs of older adults in our community.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Conduct depression screenings for all senior patients at Methodist Family Health Centers within the service area.	Follow up materials and referrals	Increased awareness of senior depression among clinic patients	
Activity 2: Offer free diabetes self-management classes to empower older adult participants with tools and strategies for effective diabetes management.	Class coordinators, speakers, meeting space and education materials and promotion	Increased awareness of diabetes management; better management of diabetes among participants	American Diabetes Association
Activity 3: Facilitate a support group focused on diabetes education, peer support, and chronic disease self-management.	Support group coordinators, meeting space, education materials, and promotion	Increased awareness of diabetes management; better management of diabetes among participants	
Activity 4: Host seminars led by physicians for older adults that focus on age-related health topics.	Event volunteers, staff, meeting space, education support materials, and promotion	Increased awareness of aging health issues and how to manage and reduce risk among participants	

**Methodist Southlake Medical Center Goal Statement:** Enhance the health and well-being of seniors in the community by providing preventive services, offering targeted education, and achieving advanced clinical designations.



**Methodist Southlake Medical Center Strategy:** Promote healthy aging and improve critical care readiness by implementing proactive screening programs, delivering ongoing education for seniors, and strengthening specialized clinical capabilities

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Conduct depression screenings for all senior patients at Methodist Family Health Centers within the service area.	Portion of clinic staff, follow up materials and referrals	Increased awareness of senior depression among clinic patients	
Activity 2: Host seminars led by physicians twice a year for older adults that focus on age-related health topics.	Event volunteers, staff, meeting space, education support materials, and promotion	Increased awareness of aging health issues and how to manage and reduce risk	
Activity 3: Provide targeted health education and outreach during quarterly lunch programs at local senior centers, addressing issues that impact older adults.	Physician speakers, outreach coordination, education materials	Increased awareness of older adult health issues and how to mitigate them	Meals On Wheels; local senior centers in Southlake, Keller, Grapevine, Roanoke, Colleyville
Activity 4: Pursue opportunities to elevate the quality and effectiveness of stroke services.	Stroke care coordination staff; education materials, etc.	Higher level of care available to community; enhanced community education and awareness	



## Women's Health

**Methodist Mansfield Medical Center Goal Statement:** Enhance health outcomes for women in the community by providing access to preventive screenings, education and emotional support, and implementing standardized maternal safety protocols.




**Methodist Mansfield Medical Center Strategy:** Advance women's health by promoting early detection of breast cancer, supporting emotional well-being during postpartum, and improving maternal health through education, access to care and evidence-based practices.

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Provide free mammograms for uninsured and underinsured individuals to promote early detection.	Coordinators, mobile mammography unit, education support materials	Access to screening mammograms for uninsured and underinsured	Various foundation grants
Activity 2: Deliver community education about breast cancer risk factors, the importance of early detection, and available treatment options.	Event coordination, speakers, education, and support materials	Increased awareness	
Activity 3: Host support group meetings for breast cancer patients and their families to offer emotional support, resources, and peer connection.	Support group coordinators, speakers, meeting space, and education materials	Increase awareness of breast cancer management, treatment, and emotional support for patients and families	
Activity 4: Organize "Postpartum Talk" events for new mothers, focusing on emotional well-being, depression, anxiety, and available support resources.	Event coordination, speakers, education, and support materials	Raise awareness of postpartum issues among participants; create a supportive space for mothers to learn, share, and connect with resources	

## Women's Health (continued)

Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 5: Implement standardized maternal safety bundles through active participation in the Texas AIM program to improve maternal health outcomes.	Leadership and governance; staffing and training; monitoring infrastructure; bundle implementation tools	Shared learning opportunities for hospitals to adopt evidence-based protocols, aiming to reduce preventable maternal mortality and morbidity in Texas	Texas Department of State Health Services (DSHS), Alliance for Innovation on Maternal Health (AIM), and Texas Hospital Association

**Methodist Southlake Medical Center Goal Statement:** Enhance breast health awareness and access by evaluating service expansion and providing mobile screening solutions.

 <b>Methodist Southlake Medical Center Strategy:</b> Advance preventive care and improve access to essential breast health services, by exploring opportunities to expand community education and support, and delivering convenient screening options for community members.			
Activities	Resources	Anticipated Outcome/Impact	Collaboration Partner(s)
Activity 1: Evaluate ways to strengthen early detection and preventive health efforts across the service area.	Dedicated equipment and trained staff; education materials	Enhanced access to services, supporting early detection and management of breast disease	
Activity 2: Offer convenient, on-site mobile mammography screenings for Independent School District staff to promote breast health and encourage preventive care.	Mobile unit with necessary imaging equipment; trained staff; scheduling and coordination support; education materials	Enhanced access to breast cancer screening for Independent School District employees, supporting early detection and improved health outcomes	Carroll Independent School Districts
Activity 3: Evaluate Breast Cancer Survivorship events	Program coordinators; meeting space; education support materials	Increased awareness and knowledge of how to thrive after surviving breast cancer	



## Conclusion

Methodist Mansfield Medical Center and Methodist Southlake Medical Center have developed this Implementation Strategy in compliance with the Internal Revenue Service (IRS) regulations for non-profit hospitals. Methodist Health System partnered with Conduent Healthy Communities Institute (HCI) to develop this Implementation Strategy. The goals, strategies and activities outlined in this plan will guide Methodist Mansfield Medical Center and Methodist Southlake Medical Center in their collective effort to address the respective health priorities for each facility. The progress of these initiatives will be monitored to ensure ongoing alignment with the hospitals' mission to improve and save lives through compassionate quality healthcare.