

Community Highlights



NEW & NOTEWORTHY



MINIMALLY INVASIVE KIDNEY CANCER SURGERY REPRESENTS A LIFESAVING MILESTONE

The medical team at Methodist Charlton performed the hospital's first robotic partial nephrectomy in January 2024. A nephrectomy is a minimally invasive procedure that removes the part of the kidney affected by cancer while leaving the healthy portion of the organ intact.

"Kidney surgery has radically changed over the past several years and we are now able to provide patients with effective minimally invasive surgeries that allow them to recover faster and get back to their lives," said **Srinath Kotamarti**, MD, urologist on the medical staff at Methodist Charlton. "This type of surgery was previously unavailable for our community. I'm proud to help bring this surgery to Methodist Charlton Medical Center and offer our patients the type of care they deserve."

HOSPITAL HOSTS ITS FIRST MEN'S HEALTH FAIR

Physicians, staff, local pastors, and community members gathered for the hospital's first Men's Health Fair on March 23. The event kicked off with an informative and interactive physician panel discussion by physicians on the medical staff. The panel was moderated by **Levi Davis**, who has been vocal about his journey with prostate cancer and serves as a member of the Methodist Health System Board of Directors.

A second panel featured pastors who have been treated in the emergency department. The church leaders, along with their wives, spoke about the world-class care and follow-up surgeries they received at Methodist Charlton.



The panel included (from left) emergency medicine specialist **Rosalyn Reades**, MD, urologist **Srinath Kotamarti**, MD, cardiologist **Roberto Wayhs**, MD, and **Paul Hackett**, MD.

COMMUNITY OUTREACH

CANCER SURVIVORS 'RECLAIM THEIR BEAUTY'

In collaboration with the Celebrating Life Foundation, Methodist Charlton hosted over 100 cancer survivors and caregivers for the "Reclaim Your Beauty" event in celebration of Cancer Survivors Month. On June 29, guests were treated to free makeup classes, wigs, and self-care items.

President **Michael Stewart** and Mammography Manager **Linda McKoy**, RT(R)(M), took to the podium to emphasize the hospital's commitment to fighting cancer through top-notch cancer treatment services.



LUNCHEON FEATURES MOVERS, SHAKERS, AND HEAD-TURNING HATS

The annual Mad Hatter's Tea and Luncheon brought high fashion and a dash of elegance to Methodist Charlton on May 31.

The event attracted the movers and shakers of the Best Southwest region, including city mayors, entrepreneurs and church leaders. President and Chief Operating Officer of Methodist Health System **Pam Stoyanoff**, MBA, CPA, FACHE, was also in attendance.

Stoyanoff took to the podium to introduce Charlton's new president, Michael Stewart, to the audience. Stewart expressed his excitement to join the Methodist family.

The event, hosted by the Methodist Charlton Auxiliary, raises funds to support hospital projects.

EVENT SHOWS KIDS HEALTH CAREER PATHS IN HEALTHCARE 'BEYOND THE BALL'

Methodist Charlton joined forces with the T.D. Jakes Foundation for the Beyond the Ball event at The Shops at RedBird in June. The event introduced student-athletes to careers such as kinesiology, sports medicine, and physical therapy. Hospital staff engaged with a crowd of hundreds, conducting dozens of blood pressure screenings and handing out hundreds of promotional items.



BREAST CANCER SURVIVORS PAMPERED WITH MAKEOVERS AND MASSESSES

Breast cancer survivors were surrounded by friends and family as they enjoyed a morning of relaxation and connection at Methodist Charlton.

The self-care event featured soothing massages from a masseuse, glamorous makeovers by a professional makeup artist, and lively tunes from a DJ that kept the energy high. Attendees also enjoyed a variety of activities, including a 360-degree photo booth, refreshing mocktails, and a personalized lotion-making station.

Highlighting the event, **Kesha Harris-Henderson**, MD, and **Danielle Jacobbe**, DO, MS, MA, FACOS, physicians on the medical staff at Methodist Charlton, shared insights on self-care and emphasized its importance for women and men.

COMMUNITY WELLNESS

FAITH COMMUNITY NURSING

Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.

METHODIST GENERATIONS

This program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and older.

MOBILE MAMMOGRAPHY

Methodist's mobile mammography unit brought breast cancer screenings directly to 68,000 women since 2000.

DIABETES EDUCATION

A monthly support group offers tips for managing diabetes, including diet, exercise, and insulin use.

METHODIST ALLIANCE FOR PATIENTS AND PHYSICIANS (MAP2)

This accountable care organization (ACO) improves and saves lives through coordinated care for more than 70,000 people. These patients have seen overall improvement in health measures, as well as a lowered overall cost of care. For these efforts, MAP2 has achieved national recognition for the quality of care given to patients.

LIFE SHINES BRIGHT PREGNANCY PROGRAM

This program is dedicated to helping women have healthy pregnancies with the CenteringPregnancy® model of care. Since it started in 2008, the program has lowered the preterm birth rate among its participants to only 5.4%.

MEDASSIST

This program provides vital bridge medications — 360 prescriptions in the past year — to patients in financial need. Through pharmaceutical partnerships, MedAssist also connected patients to 265 prescriptions for free medications valued at \$60,856.

UNIQUE FOOTPRINTS

These low-cost pre- and postnatal yoga classes help moms and moms-to-be with their breathing, mobility, and overall wellness.

TRANSPLANT ALLIANCE NAMES CHARLTON AMONG ITS TOP 25 DONOR HOSPITALS

Methodist Charlton is among the top 25 hospitals across Texas with the highest number of organ donations in 2023. The award for being a Top 25 Donor Hospital was presented to the intensive care unit staff in April.

Southwest Transplant Alliance (STA) is a nonprofit organization that recovers donated organs and tissues from over 270 hospitals throughout Texas and coordinates their allocation to transplant recipients.

HOSPITAL RECEIVES GOLD AWARDS FOR STROKE AND CARDIAC CARE FOR THE 6TH YEAR IN A ROW

Methodist Charlton was recently recognized with its sixth consecutive Gold award by the American Heart Association (AHA) for meeting standards of care for heart and stroke patients.

"I'm so proud of the team's hard work and dedication to providing quality care," said **Rae Delgado**, BSN, RN, SCRNP, Stroke Program Coordinator.

AWARDS AND RECOGNITIONS

- Recognized for nursing excellence and outstanding patient care with ANCC Magnet® status, an international distinction for excellence in nursing services granted to fewer than 9% of U.S. hospitals
- Accreditations as a Primary Stroke Center and Certified Chest Pain Center from The Joint Commission: Primary Stroke Center
- Awarded The Chest Pain – MI Registry™ Bronze Performance Achievement Award by National Cardiovascular Data Registry (NCDR®) for its success in implementing a higher standard of care for heart attack patients by meeting aggressive performance measures
- Cancer program accredited by The American College of Surgeons Commission on Cancer
- Received full accreditation from the National Accreditation Program for Breast Centers, which recognizes the breast care program at Methodist Charlton for its dedication to providing the highest standards of care for patients with diseases of the breast
- Designated as a Breast Imaging Center of Excellence by the American College of Radiology®



ICU staff proudly show the Top 25 Donor Hospital award presented by the Southwest Transplant Alliance.

NUMBERS TO KNOW



11,063

The number of people Methodist Health System **employed** throughout the Metroplex



1,763

The number of people **employed** by Methodist Charlton Medical Center

\$155 million

How much Methodist Health System provided in **unreimbursed charity care**



1,086

The **number of newborns delivered** at Methodist Charlton Medical Center



89,179

Visits to the Methodist Charlton Emergency Department, one of the busiest in Dallas-Fort Worth



653

The **number of physicians on the medical staff** at Methodist Charlton Medical Center

Figures above represent fiscal year 2024

WHY WORK AT METHODIST?

Methodist was named among the **top 100 Best Places to Work by Glassdoor** and certified as a **Great Place to Work®** based on employee reviews. *Becker's Hospital Review* has ranked Methodist Health System among the **top 150 Great Places to Work in Healthcare** for a dozen years. Fair360 ranks Methodist among the **top 10 health systems nationwide for excellence in workplace fairness and inclusion**, alongside Mayo Clinic and Cleveland Clinic.

THANK YOU TO THE OUTSTANDING PEOPLE SERVING ON OUR ADVISORY BOARD

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