For I was hungry and you gave me food; I was thirsty and you gave me drink; I was a stranger and you made me feel welcome; naked and you clothed me; sick and you visited me.

Matthew 25: 35–36

The Methodist Dallas Golden Cross Academic Clinic offers a medical home for members of the community in need of affordable health care for internal medicine, obstetrics/gynecology, and general surgical services.

Named to honor the benevolent work of the Golden Cross Ministry, the Golden Cross Academic Clinic is a modern, freestanding professional facility located in the Margaret and Robert S. Folsom Building near Methodist Dallas Medical Center. The faculty physicians, residents, interns, registered nurses, and other health care–related professionals who staff the clinic provide compassionate care, health education, and outreach services to improve the health of the community.

In addition to serving patients’ current wellness and chronic-illness management needs, the Golden Cross Academic Clinic provides valuable medical training and experience to doctors whose professional skills will continue to benefit the community in the future.

Golden Cross Ministry Provides Assistance To Patients with Low Incomes

The Golden Cross Academic Clinic welcomes all patients, and fee structures are based on patients' ability to pay. The clinic accepts most insurance plans, Medicare, and Medicaid.

While patient fees help to support clinic operations, sustaining the Golden Cross Academic Clinic and its programs depends on the generous donations to the Golden Cross Ministry through Methodist Health System Foundation.

Encouraging wellness and chronic-illness management through regular physician care is vital to helping low-income patients break the cycle of crisis care in hospital emergency departments. For some facing chronic or serious illness without the financial means to access health services, assistance from the Golden Cross Ministry can help them receive the care they need through the MedAssist program at Methodist Dallas Golden Cross Academic Clinic.
Clinical Services
At Golden Cross Academic Clinic

The Golden Cross Academic Clinic provides a wide range of nonemergency clinical services, including:

- Internal medicine primary care
- Minor office procedures
- Surgical consultations
- Prenatal and postpartum care
- Well-woman exams
- Diabetes and hypertension management
- Lab services

The clinic also serves the community as a point of access for need-based social services, nutrition counseling, and other vital programs including:

- Life Shines Bright Pregnancy Program, an innovative approach that provides comprehensive care and education support to expectant mothers who are at risk for preterm delivery.
- MedAssist, a prescription drug assistance program that provides funding for medications for patients that will “bridge” the wait time while their social worker processes applications to pharmaceutical companies for free medications.

Appointments and Information

The Methodist Dallas Golden Cross Academic Clinic operates much like any other physician practice. Patients complete a preregistration packet prior to their first visit and make appointments for services.

For appointments and more information about the Golden Cross Academic Clinic, call 214-947-6700 or visit www.methodisthealthsystem.org/goldencrossclinic

MedAssist Changes Lives

One patient’s story illustrates just how vital the MedAssist program is in bridging patients’ needs until they are qualified for prescription medication coverage under Medicaid.

Mary* had struggled with diabetes for 20 years and the difficulty of controlling her blood glucose level had significantly damaged her kidneys. She would soon require dialysis unless she began treatment with insulin injections. Thanks to the Golden Cross Academic Clinic, Mary was enrolled in the MedAssist program, which provided her with diabetes education, a glucose-monitoring device and testing supplies, insulin, and syringes until she qualified for Medicaid several months later.

Beyond her prescription supplies, the patient education helped her to better understand her disease and its consequences, including liver failure, and to overcome her fear of daily injections. Within weeks of starting on insulin, she felt better. To date, as a result of intervention, treatment, and patient interaction, she has not required dialysis and has even volunteered to encourage and educate other patients who share her condition.

* Name changed for patient privacy

If you are interested in supporting vital health care and community programs or would like information concerning wills and bequests, please contact:

Methodist Health System Foundation
214-947-4555 or donate online at www.methodisthealthsystem.org/foundation

Golden Cross Ministry Visionaries

The Golden Cross Ministry began in 1921 in a Sunday school class at First United Methodist Church, Dallas. This innovative outreach ministry was conceived through the faith and commitment of Bishop Claude Selecman, Layton W. Bailey, W. C. Everett, Dan Morgan, M. J. Norrell, the Rev. J. A. Old, and Gus W. Thomasson. Concerned about medical care for the people of North Texas, these dedicated men had a vision to provide health care for families who could not afford it.

Your individual gifts to Methodist Dallas Golden Cross Academic Clinic, along with the continued support of the Methodist churches in the North Texas Conference, are essential as we strive to make this partnership of faith and compassion even more meaningful for future generations.