

Methodist

Where life shines bright.™

#### Shining achievements

#### **Methodist Health System**

- Among health care's 40 fastest-growing companies nationwide by Modern Healthcare magazine
- Among Health Care's Most Wired by Hospitals & Health Networks magazine for third consecutive year
- 116 independently practicing physicians on the Methodist medical staff among D Magazine's Best Doctors in Dallas
- Four Dallas–Fort Worth Hospital Council Foundation Award winners
- 13 nurses on the 2012 Dallas–Fort Worth Great 100 Nurses list

#### **Methodist Mansfield Medical Center**

- Texas Health Care Quality Improvement Silver Award from the TMF Health Quality Institute for heart attack, heart failure, pneumonia, and surgical care
- 10 Methodist Mansfield nurse honorees in D Magazine's inaugural Nursing Excellence Awards program
- Four national DAISY Awards for nurses exemplifying compassionate care and extraordinary clinical skill
- Four Fort Worth Business Press Health Care Hero awardees
- One South Region nurse finalist in the 2012 Nurse.com
  Nursing Excellence Awards
- 2012 Texas Ten Step facility by the Department of State Health Services and the Texas Hospital Association

Learn more at MethodistHealthSystem.org/Awards.

## Expect the **best**

At Methodist Mansfield Medical Center, our mission is to improve and save lives through compassionate, quality health care. In 2012, we embarked on a few exciting pathways toward further achieving this goal.

#### **Grand opening of expanded Women's Pavilion**

To meet the growing need for women's services, Methodist Mansfield  $\,$ 

opened a \$9.1 million expansion and renovation of its Women's Pavilion, equipping the facility

to care for more babies and mothers. We've been named the best place to have a baby in southern Dallas, Ellis, and Johnson counties two years in a row in the *Focus Daily News* Reader's Choice Awards.

#### Teleneurology

Our emergency department is shortening the time for stroke patients to receive crucial treatment with this new technology. A virtual, secure video network connects neurologists from around the country to the patient's bedside for faster diagnosis and prescription of the clot-busting drug TPA.

The Women's Pavilion was the perfect place for Michael and Claire Taylor to welcome baby Rhett into the world.

#### Da Vinci<sup>®</sup> Surgical System

Robot-assisted surgery with da Vinci allows surgeons to operate with tiny incisions and greater precision and control than ever before. This results in less pain and risk for infection as well as faster recovery.

#### **Methodist Patient-Centered ACO**

Methodist's accountable care organization (ACO) was one of 89 in the nation — and the only in Dallas–Fort Worth — selected in 2012 to participate in the federal Medicare Shared Savings Program. This venture strives to keep patients healthy while controlling health care costs and quality.



#### **Methodist Mansfield Medical Center Community Advisory Board:** (from left) the Rev. Michael Evans; Clayton Chandler; Ken Pritchett; Judith Carrier; Tom Cox; Jim Swafford; Jim McCally; Marti VanRavenswaay; Bob Morrison, EdD; Methodist Mansfield President John Phillips, FACHE; Chairman Randall Canedy; Bob Brown; Pam Rudnicki; the Rev. Mike Ramsdell: and Kim McCaslin-Schlieker. Not pictured: Judith Werner, MD.

#### We are proud to support these local chambers

Arlington Chamber of Commerce Cedar Hill Chamber of Commerce Dallas Black Chamber of Commerce Grand Prairie Chamber of Commerce Greater Dallas Chamber of Commerce Greater Dallas Hispanic Chamber of Commerce Mansfield Area Chamber of Commerce Midlothian Chamber of Commerce

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or Methodist Mansfield Medical Center.

## Numbers to know

7,605

The number of people Methodist Health System employed throughout the Metroplex in 2012.

1,032

The number of people employed at Methodist Mansfield Medical Center, making the hospital one of southeast Tarrant County's largest employers.



\$125 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2011.

\$974 million

Economic impact, including from income and benefits provided for Methodist employees.

24

The hours each day that the Methodist Mansfield Medical Center Trail is open for your walking pleasure. The nearly mile-long path opened in April to coincide with the American Heart Association's National Walking Day.



9

The number of consecutive years that Methodist Health System has been named among the Top 10 Best Places to Work by the *Dallas Business Journal*. For the second year in a row, the health system was also named one of the 100 Best Places to Work in Healthcare by *Becker's Hospital Review*.

2016

By this year, Methodist Health System aims to be the healthiest health system in America. We're well on our way, with recognition from:

- The Dallas Business Journal for being among the Top 5 Healthiest Employers in North Texas
- The American Heart Association, who has named us a 2012 Platinum-Level Fit-Friendly Worksite.

### To your **health**

In 2012, we made a difference in the community by hosting or sponsoring a variety of events, including:

- Time Out for Health at Cowboys
  Stadium
- Heart to Heart and Summer Health
  Essentials health events
- Back Talk orthopedics event
- A variety of city health fairs and run/ walk events
- City of Mansfield Hometown Holiday Parade.



The Meredith Hatch Foundation Methodist Mansfield MAD Dash for Cash promotes healthy habits in local school children.



Employees helped raise more than \$7,000 for the Tarrant County American Heart Association Heart Walk.

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### Take a look!

These initiatives are making a difference in southeastern Tarrant County

- Medical support for local athletes. Methodist Mansfield Medical Center provides echocardiograms, sports physicals, health education, and team physicians for school athletes in the Mansfield and Midlothian ISDs.
- First-aid medical teams. In partnership with Tarrant County's Susan G. Komen for the Cure, Methodist provides physicians and nurses for the medical team at the annual Race for the Cure
- **Saturday Mammos.** These events created a comfortable, spa atmosphere for women to get their annual mammograms.
- Pink Glove Dance video contest. Partnered with community survivors, Mansfield ISD and the hospital staff helped spread the word about breast cancer awareness and prevention. More than 2,500 community members starred in the video.

Methodist Mansfield also supports these community endeavors: American Red Cross; Big League Sports Park; local Rotary, Kiwanis, and Lions clubs; Mansfield Cares; Mansfield Women's Club; March of Dimes; Meredith Hatch Foundation Methodist Mansfield MAD Dash for Cash; National Night Out Against Crime; Tarrant County American Heart Association Heart Walk; Tarrant County Meals on Wheels; Tarrant County Medical Society; United Way; and others.

We also opened our doors to programs like Leadership Arlington, Mansfield, and Midlothian; Shattered Dreams, which helps promote teen awareness about the dangers of drinking and driving; nursing students from University of Texas at Arlington, Texas Christian University, and Tarrant County College; our Junior Volunteer Program; and students from Ben Barber Career and Technology High School.





# Folsom Award proceeds enhance safety of **North Texas**

The Methodist Health System Foundation presented its eighth annual Robert S. Folsom Leadership Award to Michael M. Boone.

Boone chose to designate the proceeds from the award event — a record-breaking \$1.47 million — to Methodist Dallas Medical Center's neurosciences program, which will be housed in the new Charles A. Sammons Trauma and Critical Care Tower upon completion in 2014. This new tower will benefit all of North Texas with its advanced emergency, trauma, and critical care services.

Learn more at Foundation. Methodist Health System.org.

#### Award-winning heart care

The Joint Commission recognized Methodist Mansfield as a *Top Performer* on Key Quality Measures<sup>TM</sup> in heart attack, heart failure, and stroke outcomes, based on achievements in 2011.

#### **Heart of the Community**

Methodist Mansfield increased its commitment to promote heart health with its Heart of the Community initiative this year. Among our efforts:

- The Heart Health Challenge. This program with the Mansfield ISD created fun ways for administrators, principals, teachers, students, and parents to lower their risk for heart disease and stroke and get heart healthy by increasing their physical activity and improving their nutrition.
- The Tarrant County American Heart Association Heart Walk. More than 100 employees participated, raising more than \$7,000.
- Our Heart to Heart women's heart health event.
- The HeartSmart Profiler at MethodistHealthSystem.org/HeartSmart, which helps patients determine their heart age.
- Stroke and heart disease awareness and education at more than 100 community events in southeastern Tarrant County.

Learn more at MethodistHealthSystem.org/HeartOfTheCommunity.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital health care and community programs, call the Methodist Health System Foundation at 214-947-4555. Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or Methodist Mansfield Medical Center.