

# 2012

## Community Highlights



CHARLTON MEDICAL CENTER

Where life shines bright.™

Erica Testa was one of the first moms to enjoy the renovated postpartum unit at Methodist Charlton.



## We're growing to give you a better, brighter future

At Methodist Charlton Medical Center, our mission is to improve and save lives through compassionate, quality health care. In 2012, we embarked on new, exciting pathways toward further achieving this goal.

### \$24.5 million expansion and renovation plan

Methodist Charlton recently increased its capacity by 35 patient beds; relocated and expanded its postcoronary intervention unit to help establish the hospital's centralized Heart and Vascular Institute; established specialty care units in cardiology, orthopedics, surgery, and oncology, as well as an observation unit for patients requiring less than a 24-hour stay; and remodeled its postpartum unit.

### Methodist Patient-Centered ACO

Methodist's accountable care organization (ACO) was one of 89 in the nation — and the only in Dallas–Fort Worth — selected in 2012 to participate in the federal Medicare Shared Savings Program.

### Select Specialty Hospital\*

Located on the Methodist Charlton campus, this unit is independently operated by Select Medical and offers highly specialized care to help patients recover from the most critical and complex medical and surgical conditions.

### Inpatient hospice unit

Independently operated by Odyssey Hospice\*, this unit offers patients nearing the end of life and their families the compassionate care and support they need.

### Methodist HomeCare\*

Formed out of a partnership with Texas Health Resources and an agreement with Louisiana-based LHC Group, Methodist HomeCare will provide a full range of physician-directed home health services to patients in the comfort of their own homes.

### New leadership

Frank Vittimberga Jr., MD, who has served as an independently practicing physician on Methodist Charlton's medical staff since 2006, was named chief medical officer. In his new role, he will help advance quality and patient safety throughout the hospital.

\*Select Specialty Hospital, Odyssey Hospice, and Methodist HomeCare are independent, legal entities separate from Methodist Health System, Methodist Dallas Medical Center, Methodist Charlton Medical Center, Methodist Mansfield Medical Center, Methodist Richardson Medical Center, and Methodist Hospitals of Dallas.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or Methodist Charlton Medical Center.



**Methodist Charlton Medical Center Advisory Board:**

(from left) Marcus Knight; Ed Harrison; Kevin Fegan, EdD; Allen Schneider, DO; Felix Zamora; Chairman Dick Griner; Curtistene McCowan; Methodist Charlton President Jonathan Davis, FACHE; Margie Waldrop; Boyce Whatley; Wade Emmert; Ken Weaver; the Rev. Jim Bowden, DMin; John Hubbard; and Michael Hurtt

**We are proud to support these local chambers**

- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- DeSoto Chamber of Commerce
- Duncanville Chamber of Commerce
- Lancaster Chamber of Commerce
- Midlothian Chamber of Commerce

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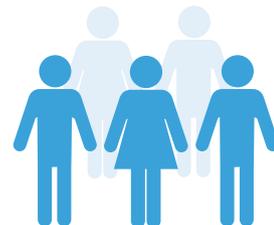
# Numbers to know

## 7,605

The number of people Methodist Health System employed throughout the Metroplex in 2012.

## 1,745

The number of people employed by Methodist Charlton Medical Center, making the hospital one of the largest employers in the Best Southwest cities.



## \$125 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2011.

## \$974 million

Economic impact, including from income and benefits provided for Methodist employees.

## 9

The number of consecutive years that Methodist Health System has been named among the Top 10 Best Places to Work by the *Dallas Business Journal*. For the second year in a row, the health system was also named one of the 100 Best Places to Work in Healthcare by *Becker's Hospital Review*.

## 2016

By this year, Methodist Health System aims to be the healthiest health system in America. We're well on our way, with recognition from:

- The *Dallas Business Journal* — for being among the Top 5 Healthiest Employers in North Texas
- The American Heart Association, who has named us a 2012 Platinum-Level Fit-Friendly Worksite.

# To your health

In 2012, we made a difference in the community by hosting or sponsoring a variety of events, including:

- Time Out for Health at Cowboys Stadium
- New Year, New You health event
- Men's Health Tune-Up
- First Ladies and Women in Ministry Brunch
- Pastor Appreciation Luncheon
- Heart to Heart women's health event
- Best Southwest Legislative Breakfast Series.



At Methodist Charlton's New Year, New You event, keynote speaker Allison Bottke brought the almost 300 participants to laughter in a presentation titled "Setting Healthy Boundaries and Finding Sanity."

## Take a look!

These initiatives make a difference in the Best Southwest

- **Golden Cross Congregational Health Ministry.** Through partnering churches, Methodist Health System provides health outreach and education.
- **Methodist Generations.** Formerly called Senior Access, this organization adopted a new name in 2012 to more accurately reflect its broad range of participants (ages 55 and older). The program offers a variety of wellness activities, social events, and education outreach throughout the year.
- **Mobile mammography unit.** In partnership with Susan G. Komen for the Cure, Methodist made breast cancer screening more convenient for 3,733 women, including 618 in the Methodist Charlton Medical Center service area, in 2012.
- **Prostate Screening and Awareness Program.** This free service provided more than 5,700 prostate cancer screenings in our communities this year (1,531 in the Methodist Charlton service area) and provides more screenings than any other hospital-based program in the nation.

We also support numerous community endeavors and organizations, including the Cedar Hill, Duncanville, and Lancaster ISDs; Cedar Hill Rotary Club Bike Rally; DeSoto Health Care Symposium; Taste of Duncanville; Duncanville Chamber of Commerce Auction and Gala; Lancaster Chamber Gala and Golf Tournament; Leadership Southwest; March of Dimes; and Volley 4A Cure.



Allen Schneider, DO; Sherri Morgan, MD; and Thomas Shima, DO, independently practicing physicians on the Methodist Charlton medical staff, bring a fun attitude to the crowd of men gathered at the Men's Health Tune-Up event.



The Rev. Rickie G. Rush, DD, pastor and organizer of Inspiring Body of Christ Worldwide Ministries (second from left), gave the keynote address at Methodist Charlton's annual Pastor Appreciation Luncheon in May. Attending from Methodist Health System are (from left) Board Chairman Levi H. Davis, Executive Vice President and Chief Operating Officer Pam Stoyanoff, and Methodist Charlton President Jonathan S. Davis, FACHE.



Methodist Charlton employees sport their Volley 4A Cure gear to support the annual middle school volleyball tournament. Part of the proceeds benefits the hospital's women's imaging program.

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Methodist Health System employees raised more than \$16,000 for the Dallas County American Heart Association Heart Walk.

## Shining achievements

### Methodist Health System

- Among health care's 40 fastest-growing companies nationwide by *Modern Healthcare* magazine
- Among Health Care's Most Wired by *Hospitals & Health Networks* magazine for the third consecutive year
- 116 independently practicing physicians on the Methodist medical staff among *D Magazine's* Best Doctors in Dallas
- Four Dallas–Fort Worth Hospital Council Foundation Award winners
- 13 nurses on the 2012 Dallas–Fort Worth Great 100 Nurses list

### Methodist Charlton Medical Center

- 2012 American Academy of Family Physicians Foundation Pfizer Immunization Award in the "Best Practices — Childhood Immunizations" category for the Methodist Family Medicine Residency Program
- The Joint Commission's Gold Seal of Approval™ for Orthopedic Joint Replacement Program
- Best Hospital and Best Medical Facility (QuickCare Clinic) in the *Focus Daily News* Readers' Choice Awards
- Texas Ten Step Facility by the Texas Hospital Association and Texas Department of State Health Services

Learn more at [MethodistHealthSystem.org/Awards](http://MethodistHealthSystem.org/Awards).

## Taking your heart to heart

Methodist Charlton Medical Center is finding ways to help local hearts from both inside and outside the hospital walls.

### Award-winning heart care

- Methodist Charlton received the American College of Cardiology Foundation's NDR Action Registry® – GWTG™ Silver Performance Achievement Award for 2012 — one of only 73 hospitals nationwide to do so.
- UnitedHealth designated the facility a Premium Interventional Cardiac Care Specialty Center.
- Along with DeSoto Fire Rescue, the hospital received recognition from the American Heart Association and the W.W. Caruth Jr. Foundation last fall for the fastest combined heart attack treatment time — emergency medical service response time combined with door-to-balloon time — for that quarter.



### Heart of the community

Methodist Charlton increased its commitment to promote heart health with its Heart of the Community initiative this year. Among our efforts were:

- The American Heart Association Dallas County Heart Walk, for which we raised more than \$16,000
- Introducing the HeartSmart Profiler at [MethodistHealthSystem.org/HeartSmart](http://MethodistHealthSystem.org/HeartSmart) to help patients determine their heart age
- The Heart of the Community Family Challenge with Cedar Hill ISD families and faculty. This 12-week program helped families adopt lifestyle changes for improved heart health.

Learn more at [MethodistHealthSystem.org/HeartOfTheCommunity](http://MethodistHealthSystem.org/HeartOfTheCommunity).