

Medical Home :

Health care costs are rising fast, and it's becoming increasingly challenging for many companies to manage them. But often, it's a relatively small number of employees who are determining this expense. If you're like most organizations, just 15 percent of your workforce drives 85 percent of your health care costs. With Methodist's Live Bright Medical Home program, you can improve the health of your highest-risk population by helping them manage conditions responsibly, thereby reducing your overall health care costs. It's good for your people, good for your business, and good for your bottom line.

Here's how we work for you:

- ☀ Identify high-risk invitees
- ☀ Administer the program and communications
- ☀ Manage participants into a physician network for personalized care plans
- ☀ Provide nurse navigator and physician oversight
- ☀ Provide incentive consultation and fulfillment assistance
- ☀ Provide dietician review
- ☀ Provide polypharmacy review

- ☀ Measure results
- ☀ Provide annual reporting

In Methodist's internal Live Bright program:

E.R. USAGE WAS REDUCED BY **85%**

97% OF PROGRAM PARTICIPANTS
IMPROVED THEIR CHOLESTEROL LEVELS

88% OF PROGRAM PARTICIPANTS
CONTROLLED THEIR DIABETES