



Community 2018 Highlights

Excellence in emergency care

Methodist Charlton named Level III Advanced Trauma Facility

Patients in southern Dallas have a new recognized trauma center. In 2018, the Texas Department of State Health Services designated Methodist Charlton Medical Center as a Level III Advanced Trauma Facility.

As a Level III Trauma Center, Methodist Charlton has the necessary equipment, specialized resources, and specially trained trauma team to care for critically injured patients. Traumatic injuries can result from serious falls, car crashes, or violence. Methodist Charlton is the only Level III Trauma Center in the Best Southwest area.

“Becoming a designated trauma facility recognizes the quality care that we at Methodist Charlton have dedicated to the community in which

we serve,” says Jeffery Butterfield, MD, medical director of the emergency department. “These designations are not handed out. They are earned. This designation brings an increased focus on trauma care, and we are proud of our outstanding trauma team for earning it.”

Fran Laukaitis, MHA, BSN, RN, FACHE, hospital president, echoes Methodist Charlton’s pride in being able to serve in this vital community role.

“We are honored to provide compassionate, quality healthcare to families in the Best Southwest and surrounding areas,” she says. “The efforts that led up to trauma designation highlight how Methodist Charlton is working to achieve the best possible outcomes for members of our communities.”



DISTRICT 23 SENATOR HONORED AS 2018 FOLSOM AWARD RECIPIENT

Methodist Health System Foundation presented its 2018 Robert S. Folsom Leadership Award to Texas state Sen. Royce West. Since being elected to the seat in 1992, he has championed causes related to education at all levels and protecting at-risk youth. A formal dinner and celebration in his honor raised more than \$1.6 million toward a new oncology unit at Methodist Charlton Medical Center.



Methodist Charlton's emergency, trauma, and administrative teams gather to celebrate the hospital's Level III Advanced Trauma Facility designation.

Proud to work for community wellness

We're improving the health of our community with these initiatives

- **Faith Community Nursing.** Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.
- **Methodist Generations.** This program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and older.
- **Mobile mammography.** Methodist's mobile mammography unit brought breast cancer screenings directly to 2,000 women this year, including 404 in the Methodist Charlton service area.
- **Methodist Alliance for Patients and Physicians (MAP²).** This accountable care organization improves and saves lives through coordinated care for more than 85,000 people. These patients have seen overall improvement in health measures, as well as a lowered overall cost of care. For these efforts, MAP² has achieved national recognition for the quality of care given to patients.
- **Charlton READS.** This Methodist Charlton Family Medicine Center program provides books for pediatric patients ages 8 and younger.



Watermark Senior Pastor Todd Wagner shares a message themed "It's Worth It" with local pastors at the 2018 Pastor Appreciation Luncheon at Methodist Charlton.

2018 SERVICE AND SUPPORT

We were proud to offer or sponsor these and other community events and organizations last year:

- 3rd Day of Summer
- Best Southwest Partnership Healthcare Forum on Mental Health
- Best Southwest Partnership Legislative Breakfast Series
- Cedar Hill Chamber of Commerce Top Golf event
- DeSoto Chamber of Commerce First Responders Appreciation Luncheon
- DeSoto High School football
- DeSoto and Duncanville ISDs
- Duncanville Chamber of Commerce Flavor of Duncanville
- Duncanville Lions Club
- Edna Rowe Elementary School Career Day
- Health fairs for Singing Hills Baptist Church and First United Church of Duncanville
- Heart to Heart
- KwanzaaFest
- Leadership Dallas
- Lunch and Learn for city of Cedar Hill employees
- Lunch and Learn on disease prevention
- Methodist Charlton Auxiliary Christmas Vendor Fair
- Methodist Charlton EMS Cookout
- Pastor Appreciation Luncheon
- Radiant Girls Luncheon at Trinity Church
- Shop Eat Drink PINK! Bishop Arts and Hillside Village
- Tower City Classic benefiting the Cedar Hill Museum of History
- Zula B. Wylie Public Library Summer Reading Program.



Health reporter Sonia Azad leads a session on deep breathing at Methodist Charlton and Methodist Generations' Happy, Healthy Holidays event in November.



Veronica Hegar, MD, FACS, medical director of trauma services, presents Stop the Bleed to Duncanville ISD administrators. Stop the Bleed is an initiative of the American College of Surgeons Committee on Trauma focused on proper hemorrhage control techniques.



Members of the cardiology and emergency teams worked to help Methodist Charlton earn the Platinum Performance Achievement Award for the sixth year in a row.

Helping hearts when they need it most

When your heart is under attack, you can trust the care you'll receive at Methodist Charlton Medical Center. Several national accrediting organizations have recognized the hospital for its outstanding care for heart attack patients. Plus, this year Methodist Charlton established the area's first Heart Failure Clinic to guide people dealing with this chronic condition.

HIGH PRAISE FOR HEART ATTACK CARE

In 2018, Methodist Charlton received the American Heart Association's highest standard for STEMI heart attack care, the 2018 Mission: Lifeline® Gold Plus Receiving Quality Achievement Award.

A STEMI, short for ST-segment elevation myocardial infarction, is a type of heart attack that occurs when the blood supply is cut off in the main artery to the heart. It is extremely life-threatening and requires a fast, composed response from a specialized team.

Also, for the sixth year in a row, the hospital earned an ACTION Registry®-GWTG™ Platinum Performance Achievement Award from the American College of Cardiology Foundation.

Each award is based on teamwork and excellence in achieving performance standards set out by the American Heart Association and American College of Cardiology Foundation, respectively.

"It is an honor for Methodist Charlton to be included among the recipients of these awards," says Ingrid Kindipan, PhD, RN, CCRN, director of cardiology services. "The standards we're required to meet are high, and the awards reflect how committed our team of physicians, clinical staff, and leaders is to quality patient care. In many ways, it is an affirmation of our organization's mission to improve and save lives through compassionate, quality healthcare."

KEEPING HEARTS FROM FAILING FAST

Heart disease is the No. 1 killer of men and women, and in our community, it's a growing health risk. Last year, the Methodist Charlton Heart Failure Clinic was established to help people control the condition — rather than let it control them.

Patients at the Heart Failure Clinic meet routinely with cardiologists, nurses, and dietitians to monitor the condition and develop treatment plans covering nutrition, exercise, medication, and more. For those at risk for heart failure, the team works with them to prevent the disease from developing.

HEART CARE YOU CAN TRUST

Learn more about Methodist Charlton's award-winning heart care at MethodistHealthSystem.org/Charlton-Heart.

CARE YOU CAN TRUST

Here are just some of the accolades we've received in the past year:

Methodist Health System

- Ranked second on the DiversityInc Top Hospitals and Health Systems list
- Orthopedic surgeon on the medical staff honored with Lifetime Achievement Award in the *D CEO* Excellence in Healthcare Awards
- 205 physicians on the medical staff among the *D Magazine* Best Doctors in Dallas
- 20 Methodist Family Health Centers and Medical Groups, owned or operated by Methodist Medical Group, recognized at the highest level by the National Committee for Quality Assurance for their patient-centered medical home programs

Methodist Charlton

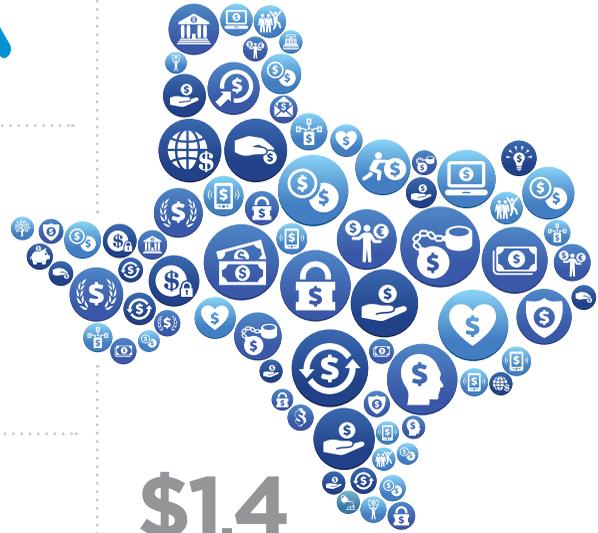
- Cancer program accreditation by the Commission on Cancer
- Accreditation by the National Accreditation Program for Breast Centers, which is administered through the American College of Surgeons
- Accreditation by The Joint Commission for hip and knee replacement surgeries and chest pain
- Designated as a Primary Stroke Center by The Joint Commission
- Healthgrades Patient Safety Excellence Award™ — top 5 percent of hospitals in the nation for patient safety
- Healthgrades Labor and Delivery Excellence Award™ and Obstetrics and Gynecology Excellence Award™
- Mission: Lifeline® Silver Plus Receiving Quality Achievement Award for stroke care
- Recognition as an Institute of Quality for Cardiac Intervention Care by Aetna
- Designated Level II Special Care Nursery
- Top Hospital and Hospital Safety Score of A from The Leapfrog Group®
- Best Emergency Department by the *Focus Daily News* Focus on Excellence 2018 Reader's Choice Awards

NUMBERS TO KNOW

10,709 The number of people Methodist Health System employed in 2018.



2,249 The number of people employed in 2018 by Methodist Charlton Medical Center, including:
339 Cedar Hill residents
347 DeSoto residents
207 Duncanville residents
174 Lancaster residents.



15 The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the eighth year running.



\$150 MILLION How much Methodist Health System provided in unreimbursed charity care in fiscal year 2018.



\$1.4 BILLION Methodist Health System's 2018 economic impact, including from income and benefits provided for employees.

4 The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Both Methodist and Mayo Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care, unmatched in this marketplace.



WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Best Southwest Partnership
- Cedar Hill Chamber of Commerce
- DeSoto Chamber of Commerce
- Duncanville Chamber of Commerce
- Lancaster Chamber of Commerce

METHODIST CHARLTON ADVISORY BOARD

Thank you to the outstanding people serving on our advisory board: (from left) Stephen E. Mueller, MD; Curtistene McCowan, chair-elect; John Hubbard, PhD; Marcus Knight; Allen R. Schneider DO; the Rev. Marie Mitchell; Ken Weaver, chair; Fran Laukaitis, MHA, BSN, RN, FACHE, president, Methodist Charlton; Marjorie Waldrop; Michael Finch, MD; Dick Griner; Boyce Whatley; Dan Eddy; and Michael Hurtt; (not pictured) Kevin Fegan, PhD; Ed Harrison; Bob Mong; Jorge Saldivar, MD; and Jill Waggoner, MD.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit MethodistHealthSystem.org/Foundation.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Charlton Medical Center, Methodist Health System, or any of its affiliated hospitals.

The Methodist Alliance for Patients and Physicians (MAP²) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP² are independently practicing practitioners and are not employees or agents of MAP², Methodist Health System, or any of its affiliated hospitals.

Methodist Family Health Centers and Medical Groups are owned and operated by MedHealth/Methodist Medical Group and are staffed by independently practicing physicians who are employees of MedHealth/Methodist Medical Group. The physicians and staff who provide services at these sites are not employees or agents of Methodist Health System or any of its affiliated hospitals.

