

More ways to care for you

Innovative strides in robotic surgery, cardiology, OB-GYN, and other areas of medicine helped Methodist Dallas Medical Center extend its reach of care in 2015.

TOP HONORS FOR LIFESAVING WORK

- We are home to the new General Surgery Epicenter by Intuitive Surgical, the maker of the robotic da Vinci® Surgical System. With a focus on robot-assisted liver and pancreas procedures, the epicenter is the **first of its kind worldwide**.
- We are the **first hospital in the nation** awarded certification by The Joint Commission for pancreatic surgery and the **first hospital in Texas** awarded certification for pancreatic cancer.

ADVANCES IN MEDICINE

- We adopted one of the latest pieces of cardiac technology — the subcutaneous implantable cardioverter defibrillator, or S-ICD. As of the end of 2015, Amit Guttigoli, MD,

on the Methodist Dallas medical staff, had implanted more S-ICDs than any other cardiologist in Dallas–Fort Worth. Methodist Dallas is now a center for training physicians on how to implant these devices.

- We're now offering the Abiomed Impella® 2.5 System, the world's tiniest heart pump and catheter. This technology is used in patients with severe heart failure and cardiogenic shock, as well as high-risk percutaneous coronary intervention.
- In 2015, we treated and cured our first patients in a drug-based clinical

trial that both protects transplant patients' new livers and eradicates their hepatitis C. **We're the only hospital in the country** performing this clinical trial.

EXPANDING OUR REACH

- Methodist Family Health Centers and Medical Groups added two locations in Dallas: Methodist Family Health Center – Highland Park and Methodist Charlton Internal Medicine Associates.

Learn more about the services offered at Methodist Dallas by visiting MethodistHealthSystem.org/Dallas.

Tim Crow, here with his wife, Lea, was one of the pancreatic cancer survivors at Purple for Pancreas, an event celebrating Methodist Dallas being the first hospital in the nation to be recognized for pancreatic surgery by The Joint Commission. Purple ribbons bearing messages of gratitude and support decorated a banner for the occasion.



RECOGNIZING JACK LOWE JR.'S SERVANT LEADERSHIP

Jack Lowe Jr. is not used to surprises, but on Oct. 14, he had an evening filled with them. Methodist Health System Foundation honored Lowe with the 2015 Robert S. Folsom Leadership Award at its annual fundraiser at the Hilton Anatole Hotel.

The event raised \$1.3 million for two programs at the Methodist Dallas Medical Center Golden Cross Academic Clinic: the Life Shines Bright Pregnancy Program, which offers the CenteringPregnancy® model of care, and the new CenteringParenting®. These programs reflect Lowe's servant leadership in and commitment to education, youth, and families.

Methodist Health System President and CEO Stephen L. Mansfield, PhD, FACHE; Methodist Dallas Medical Center President Martin L. Koonsman, MD, FACS; and Methodist Health System Foundation President and CEO and Methodist Health System Senior Vice President External Affairs April Box, CFRE, join Folsom Award recipient Jack Lowe Jr. (right) at the award event in his honor.

**WELCOMING THE NEW
PRESIDENT OF METHODIST
DALLAS MEDICAL CENTER,
MARTIN L. KOONSMAN, MD**



In 2015, Methodist Dallas Medical Center welcomed breast surgeon Martin L. Koonsman, MD, FACS, to its helm as the hospital's new president. Dr. Koonsman began his medical career at Methodist Dallas in 1989.

**METHODIST DALLAS
MEDICAL CENTER
ADVISORY BOARD**

- Glenn Bodinson
- Bernie DiFiore
- Jim Fite
- Duncan Fulton
- Elba Garcia, DDS
- Janie Means Gilmore
- Ben Houston
- Chancellor Lee Jackson
- Yon Jordan
- Margo Keyes
- Harold Kleinman
- George Schrader
- Pat Smith
- The Rev. Andy Stoker, PhD
- Darrell Thigpen, MD
- Alan Walne

**WE PROUDLY SUPPORT
THESE LOCAL CHAMBERS
OF COMMERCE**

- Dallas Black Chamber of Commerce
- Dallas Hispanic Chamber of Commerce
- Dallas Regional Chamber of Commerce
- Grand Prairie Chamber of Commerce
- Oak Cliff Chamber of Commerce

NUMBERS TO KNOW

8,738

The number of people Methodist Health System employed throughout the Metroplex in 2015.



2,967

The number of people employed by Methodist Dallas Medical Center in 2015, making the hospital one of the largest employers in the southern sector.

\$109.2 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2015.

\$1.2 billion

Methodist Health System's 2015 economic impact, including from income and benefits provided for our employees.

12 *The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the Dallas Business Journal. Methodist was the highest-ranked health system in the extra-large business category and the only health system to place as a finalist for 12 years of the 13-year program. For the fifth year in a row, the health system was also named one of the 150 Great Places to Work in Healthcare by Becker's Hospital Review.*

2017



By this year, Methodist Health System aims to be the healthiest health system in America.

Our accolades in 2015 show that we've made significant strides toward this goal:

- Healthiest Employer in North Texas by the Dallas Business Journal
- Third place in the Healthiest 100 Workplaces in America®
- Platinum-Level Fit-Friendly Worksite by the American Heart Association for the third year
- Health Champion by the American Diabetes Association.

Stay tuned for more successes from our home stretch in 2016!

2 Methodist Health System is proud to continue its role in the Mayo Clinic Care Network for a second year. To learn more, visit Answers2.org.



Committed to a healthier community

Methodist Health System and Methodist Dallas Medical Center are improving the health of our community with these initiatives:

- **Golden Cross Congregational Health Ministry.** Through partnering churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.
- **Life Shines Bright Pregnancy Program.** This program is dedicated to helping women have healthy pregnancies with the CenteringPregnancy® model of care. Since it started in 2008, the program has lowered the preterm birth rate among its participants to only 5.7 percent.
- **MedAssist.** This program provides vital bridge medications — 54 prescriptions in the past year — to patients in financial need. Through pharmaceutical partnerships, we also connected patients to 1,207 prescriptions for free medications valued at \$544,809.

- **Methodist Generations.** This program offers wellness activities, social events, and educational outreach for people ages 55 and older.
- **Mobile mammography.** In partnership with Susan G. Komen® Dallas County, Methodist's mobile mammography unit brought breast cancer screening directly to 2,790 women this year, including 2,407 in the Methodist Dallas service area. Area businesses are also encouraged to invite the mobile mammography unit to their location for the convenience and well-being of their female employees.
- **Alien Invasion Corporate Challenge.** This interactive program challenged corporate teams to increase daily steps and instill healthy habits over a six-week period.

We also supported or sponsored these and other community endeavors:

- Cattle Baron's Ball
- Credo Choir
- Dallas Marathon
- Dash for the Beads 5K
- Feed Oak Cliff Dallas VegFest
- Go Oak Cliff
- Kidd Springs Pool
- Klyde Warren Park
- Leukemia and Lymphoma Society
- March of Dimes® March for Babies®
- Mayor's Back to School Fair
- National Night Out Against Crime
- North Oak Cliff Greenspace
- Oak Cliff Earth Day
- Oak Cliff Film Festival
- Oak Cliff Lion's Club
- Old Oak Cliff Conservation League
- Rosemont Early Childhood PTA
- Southwest Transplant Alliance
- Trinity Commons Foundation
- University Park Elementary PTA
- Winnetka Heights Neighborhood Association
- Wynnewood North Neighborhood Association.

1 Trinity Haymarket was one of many organizations at Garden2Table, an event promoting urban gardening. The event covered raising chickens, water conservation, cooking with fresh produce, and more.

2 Methodist Health System employees and their families rally for the American Heart Association Dallas Heart Walk.

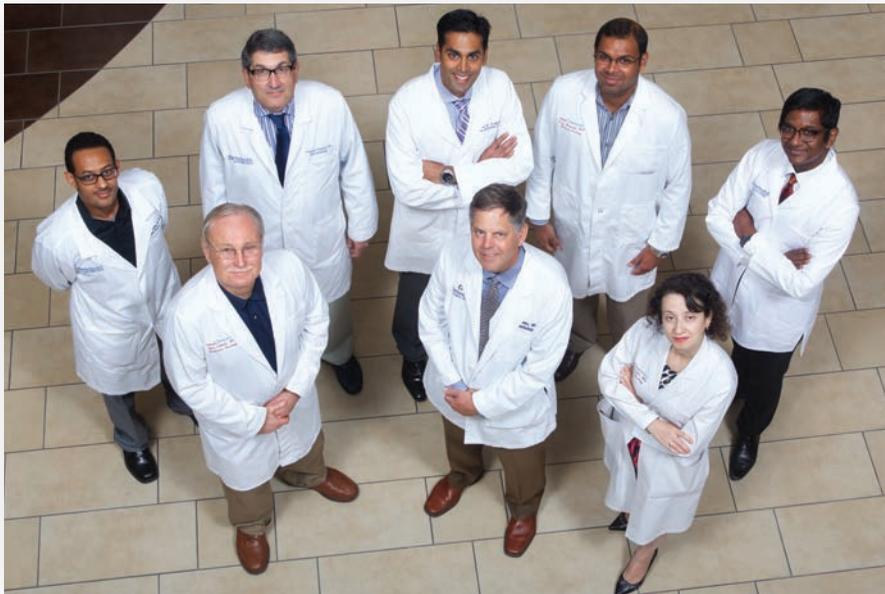
3 To promote literacy, Methodist Dallas hosted Pidge Picnic for the families of Rosemont Elementary School and the Rosemont Early Childhood PTA. The event included a live reading of *Where Is Pidge?* by author Michelle Staubach Grimes, an Easter egg hunt, face painting, and other activities.

HEALTHY EVENTS

We hosted the following events last year to promote the health of our community:

- Boomer U
- Garden2Table
- Perky Pumpkin
- Pidge Picnic
- Purple for Pancreas.





With the forming of Methodist Digestive Institute last year, physicians from multiple medical disciplines are coming together for more effective patient care. Find a physician today at Answers2.org.

We're taking digestive care to the next level

In 2015, Methodist Dallas Medical Center established Methodist Digestive Institute (MDI), drawing on the expertise of physicians, researchers, and other health professionals from multiple disciplines to achieve transformative patient care for digestive and gastrointestinal (GI) issues.

MDI aims to establish centers of excellence in various areas — pancreas, liver, and interventional endoscopy — and become the top-of-mind name for GI patients throughout Texas and the southern U.S.

These advanced procedures show we're well on our way:

Endoscopic necrosectomy: Methodist Dallas was the first hospital in Dallas–Fort Worth to offer this procedure. It is used to treat patients with pancreatitis by using a stent to help drain dead tissue and fluid from the pancreas. It requires no incisions and offers almost immediate relief.

Endoscopic submucosal dissection:

With the help of an endoscope, gastroenterologists can remove early-stage tumors from the esophagus, colon, and stomach.

Pancreaticoduodenectomy, or Whipple:

Methodist Dallas is one of only a few hospitals in the country performing this procedure robotically, which results in far less pain and a faster recovery for patients. The complicated procedure is a must for patients with early-stage pancreatic cancer.

Peroral endoscopic myotomy

(POEM): For people with swallowing or esophageal disorders, this endoscopic procedure removes or loosens tight muscles in the esophagus and stomach.

Radiofrequency ablation (RFA):

A small endoscopic device supplies heat energy to destroy corrupted esophagus tissue, relieving the patient of reflux symptoms.

Learn more about MDI at Info.MethodistHealthSystem.org/MDI.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital health care and community programs, call Methodist Health System Foundation at 214-947-4555 or visit Foundation.MethodistHealthSystem.org.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or Methodist Dallas Medical Center.

SHINING ACHIEVEMENTS

Methodist Health System

- Texas Award for Performance Excellence from the Quality Texas Foundation
- Among the nation's "Most Wired" for the sixth consecutive year, per *Hospitals & Health Networks* magazine
- Stephen L. Mansfield, PhD, FACHE, president and CEO, Methodist Health System, honored as Outstanding Healthcare Executive in *D Magazine's* Excellence in Healthcare Awards for 2014, Distinguished Business Leader of the Year by the Texas Association of Business, and one of 130 Nonprofit Hospital & Health System CEOs to Know 2015 by *Becker's Hospital Review*
- April Box, CFRE, senior vice president of external affairs, Methodist Health System, and president and CEO, Methodist Health System Foundation, named to the *Dallas Business Journal's* Who's Who in Health Care
- Charles A. Sammons Tower at Methodist Dallas Medical Center named among *Dallas Business Journal's* Best Real Estate Deals
- Seven nurses recognized among DFW Great 100 Nurses

Methodist Dallas Medical Center

- Two years with no central line-associated bloodstream infections in the Level III Neonatal Intensive Care Unit
- First hospital in Dallas to be designated a Baby-Friendly birth facility by Baby-Friendly USA for efforts to promote successful breastfeeding
- 2015 Community Service Award from the DFW Hospital Council
- Grade A for Patient Safety in The Leapfrog Group® Fall 2015 Hospital Safety Score
- 42 physicians among *D Magazine's* Best Doctors in Dallas
- Five nurses named as finalists in the *D Magazine* Excellence in Nursing Awards

Keep up with the happenings at Methodist Dallas on social media.

