Helping Our Community Shine Brightly

Methodist Health System is committed to our community and committed to your health. Here are just a few of the community-strengthening programs we provide:

**The Wylie Life Smart Pregnancy Program**, a project offered through the Methodist Dallas Golden Cross Academic Clinic, is working in partnership with the March of Dimes to reduce the risk of preterm birth. This innovative program includes education, counseling, and health care, and addresses psychosocial, nutritional, and medical needs during pregnancy. In its first two years, the program has successfully reduced the rate of preterm birth from 23 percent to just 5.5 percent, and has saved $1.3 million in medical costs.

**Other Methodist Community Service Programs Include:**

- Prostate Screening and Awareness Program, a free service that screens more men for prostate cancer than any other hospital-based program in the nation. This program won the Texas Hospital Association Award for Excellence in Community Service—the highest institutional award from the Texas Association of Hospitals. Senior Access serves seniors area seniors through health and wellness programs. Congregational Health Ministry provides health resources to neighborhood churches. Methodist Mobile Mammography, in partnership with Susan G. Komen for the Cure, offers convenient screenings and mammograms. MedAssist helps economically challenged patients obtain vital prescriptions through pharmaceutical partnerships.

Additional Support Includes:

- Semana Bicualcular del Salud, which provides health screenings for the Hispanic community, as well as the March of Dimes, American Red Cross, Texas Scholars, Dallas Area Crisis Response Team, National Night Out Against Crime, Project Graduation, The North Texas Commission, and other vital programs.

Compelling Community Events

Methodist is proud to support the communities we serve with a broad range of health fairs, from heart and back wellness to women’s health issues, weight management, and more. Methodist Charlton Medical Center recognizes the patients and ministry leaders who serve patients and their families with spiritual support by hosting an annual Pastor’s Appreciation Luncheon and a First Lady and Women in Ministry brunch in honor of the faithful service from local ministry.

$465 Million in Economic Impact

In fiscal 2010, Methodist Health System contributed more than $465 million to our local communities, providing over $87 million in uncompensated charity care, and paid $378 million in employee salaries. We employ 4,045 professionals, making us one of the largest employers in our area.

Growing Healthy and Bright

Methodist Health System has a goal to become the healthiest health system in America. The American Heart Association has recognized our efforts with a Start! Fit-Friendly Company designation for going above and beyond for the health of our employees. For seven consecutive years, Methodist Health System is proud to have ranked among the Top 10 Best Places to Work by the Dallas Business Journal.

Teaming Up to Tackle Breast Cancer

Dallas Cowboys linebacker, #56 Bradie James, has teamed up with Methodist Health System to tackle breast cancer. The new partnership has established the Bradie James Breast Cancer Resource Center at Methodist Dallas Medical Center. The facility provides breast cancer patients with on-site and online education, group support, and more. There is even personalized assistance with the fitting of wigs, scarves, hats, and prosthetics for breast cancer survivors. A new mobile mammography unit further expands our outreach efforts to the community.

For the 11th consecutive year, Methodist Health System has received a grant from the Dallas County Affiliate of Susan G. Komen for the Cure to support screening and diagnostic breast imaging services for uninsured and underinsured patients. Methodist Richardson Medical Center utilizes the Susan G. Komen grant to support its breast health awareness and education program called the Asian Breast Health Outreach Project, which offers free mammogram screenings to uninsured and underinsured Asian women over the age of 40.

Enlightening Events and Groups

Methodist Health System offers a wide variety of groups, classes, and events. For more information, call 214-847-0000 or visit www.methodisthealthsystem.org/Events.

Support Groups:

- Breast Cancer (Spanish and English) + Diabetes Self-Management Program + Transportation + Brainwaves: Stroke and Cardiovascular Mental Health + Resilience Through Sharing Bereavement Support Rehabilitation + Weight Management + “I Can Care” Cancer Patient/Caregiver Support

Where Life Shines Bright

A nonprofit 501 (c)(3) organization, Methodist Health System “Where Life Shines Bright” is a leader in the Dallas area. To learn more, visit MethodistHealthSystem.org. To support any of our vital health care and community programs, call Methodist Health System Foundation at 214-947-4555.

Methodist Dallas Medical Center

1441 North Beckley Avenue, Dallas, Texas 75203

Methodist Richardson Medical Center

2831 East President George Bush Turnpike, Richardson, Texas 75082

Methodist Mansfield Medical Center

2700 East Broad Street, Mansfield, Texas 76063

Methodist Charlton Medical Center

3500 West Wheatland Road, Dallas, Texas 75237

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Methodist Mansfield Medical Center

2700 East Broad Street, Mansfield, Texas 76063

Methodist Richardson Medical Center

2831 East President George Bush Turnpike, Richardson, Texas 75082

Methodist Health System Foundation

Awarded the Best and Brightest for Quality Care

Pat and Emmitt Smith Receive Folsom Award

Methodist Mansfield Medical Center

Methodist Health System Foundation had the honor of presenting Pat and Emmitt Smith with the 2010 Robert S. Folsom Leadership Award. Recipients of the award are selected for their accomplishments in making a lasting, positive change in the Dallas community while inspiring others to follow in their path. The Smiths directed proceeds from the event to help provide care to indigent patients at Methodist Health System.

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