

Community Highlights 2017

Here we grow again

Methodist Richardson announces \$85 million expansion

Less than four years after opening the new Methodist Richardson Medical Center, the hospital is ready for its next era of growth. In 2017, the Methodist Health System board of directors announced an \$85 million expansion that will add:

- Two new patient floors, which will ultimately add 150 new, all-private acute care suites
- A ninth operating room, equipped with the hospital's second da Vinci® Surgical System for minimally invasive robotic procedures
- A seven-story parking garage with 500 new parking spaces.

"This expansion is more than seven years ahead of growth projections, but it is an honor to be the trusted healthcare



The picture above is a rendering for the expansion. Once the new parking garage is complete, work will begin on two new hospital floors and a ninth operating room.

provider for our growing communities," says Methodist Richardson President Ken Hutchenrider Jr., FACHE. "We're excited to keep up with those needs."

In addition to the expansion, here's a look at some of our other areas of growth in the past year:

- We added a third cardiac catheterization lab for minimally invasive heart and neurology treatments.
- We established the Center for Surgery and Digestive Disease.
- An upgrade to hardware and software

in our imaging department improved MRI scans.

- Our new Joint Academy program is preparing joint replacement patients for more success after surgery.
- We opened a Level II nursery, which added 12 beds for critically ill infants.
- A new low-impact approach to gallbladder removal is giving patients a faster, easier recovery.
- Methodist Richardson Cancer Center added Optune®, an innovative treatment for patients with a glioblastoma, a type of brain tumor.



METHODIST FOUNDATION HONORS COMMUNITY LEADER FUJITSU

At the 2017 Yellow and Black Tie Gala, Methodist Richardson Medical Center's Foundation honored longtime community partner Fujitsu as the Legacy Award winner. This award is bestowed on individuals or organizations that have made a difference in the community through their commitment, leadership, and gifts. The annual gala was Nov. 4 at the Renaissance Hotel in Richardson. To date, the Foundation has raised more than \$25 million to help fund equipment and programs that support outstanding patient care at the hospital.

Mikito Kiname, president and CEO of Fujitsu (left), accepts the Legacy Award from Methodist Richardson President Ken Hutchenrider Jr., FACHE (center), and Methodist Richardson Foundation Board Chairwoman Colleen Halbert.

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NUMBERS TO KNOW

10,328

The number of people Methodist Health System employed throughout the Metroplex in 2017.



2020

As part of Methodist Health System's new Vision 2020, we aim to be the trusted choice for health and wellness. We're well on our way with these recognitions in 2017:

- Gold recognition in the American Heart Association's new Workplace Health Achievement Index
- Well Deserved Honorable Mention Award from UnitedHealthcare for our worksite wellness program.



1,665

The number of people employed by Methodist Richardson Medical Center in 2017.

3 The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Both Methodist and Mayo Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care, unmatched in this marketplace.

14

The number of consecutive years that Methodist

Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the seventh year running.

4/1/17

At 4:15 a.m. on this date, an 18-month, \$80 million investment paid off when

Methodist leaders "flipped the switch" on Epic, its new systemwide electronic medical records system. This robust system allows Methodist to have a more unified approach to care and offers a brand-new patient portal. Learn more at MethodistHealthSystem.org/MyChart.

90

Methodist Health System celebrated its

90th anniversary on Dec. 24, 2017. On that night in 1927, eight days before the hospital was to open, a young woman arrived in labor. The medical staff jumped into action and helped her give birth to a healthy baby — the first of thousands to be born at the hospital.

\$155.9 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2017.

\$1.4 billion

Methodist Health System's 2017 economic impact, including from income and benefits provided for employees.

METHODIST RICHARDSON ADVISORY BOARD

Thank you to the outstanding people serving on our advisory board: (back row, from left) David Bonnet, MD; Judy Martin; Michael Spence; Methodist Richardson President Ken Hutchenrider Jr., FACHE; Julie Yarbrough; Dan Johnson; Carol Norton, MD; and the Rev. Clayton Oliphint, DMin; (front row) Mindy Manson; Frank Leftwich; Nhan Nguyen, MD; William "Bill" Keffler; Joe Snayd; Ronald Poff; and Gerald Bright. (not pictured) Timothy Griffy and Siripathi Kethu, MD.



WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Garland Chamber of Commerce
- Murphy Chamber of Commerce
- Richardson Chamber of Commerce
- Sachse Chamber of Commerce
- Wylie Chamber of Commerce.

Committed to our community's wellness

Methodist Health System and Methodist Richardson Medical Center are improving the health of our community with these initiatives:

- **Faith Community Nursing.** Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.
- **Methodist Generations.** This program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and older.
- **Asian Breast Health Outreach Project (ABHOP).** Last year, this program provided 552 mammogram screenings, 108 diagnostic exams, and 20 biopsies. ABHOP also offered breast health education to uninsured and underinsured Asian-American women.
- **Mobile mammography.** Methodist's mobile mammography unit brought breast cancer screenings directly to 664 women this year.
- **Diabetes education.** A monthly support group offers tips for managing diabetes, including diet, exercise, and insulin use.
- **Methodist Alliance for Patients and Physicians (MAP²).** This accountable care organization (ACO) improves and saves lives through coordinated care for more than 109,000 people. These patients have seen overall improvement in health measures, as well as a lowered overall cost of care. For these efforts, MAP² has achieved national recognition for the quality of care given to patients.



Methodist Richardson was proud to be the headliner sponsor of the 25th anniversary Wildflower! Arts & Music Festival in May. The three-day event drew a crowd of more than 75,000.



Hospital employees stuff backpacks for the Network of Community Ministries annual Back-to-School Fair.

The Methodist Richardson Cancer Center put its best foot forward at this year's Relay for Life - Plano/Richardson. The team walked the track until midnight to celebrate strides made in cancer research and to honor the lives of survivors and those lost to the disease.



In honor of Methodist Health System's 90th anniversary, Methodist Richardson "painted it forward" by painting two offices and a break room at the Warren Center. The hospital also collected school supplies to benefit Richardson's Network of Community Ministries.



Service and support in 2017

We were proud to offer or sponsor these and other community events and organizations last year:

- Altrusa of Richardson
- American Heart Association Dallas Heart Walk
- Bluegrass on Ballard
- Cooking with Heart
- Corporate Challenge
- Gobble Hobble, benefiting Boys and Girls Club of Greater Dallas
- Leadership Richardson and Wylie
- The Mad Hatter Tea Party
- Murphy Maize Days
- NAMI Walks
- Network of Community Ministries
- Plano, Richardson, and Wylie ISD education foundations
- Plano, Richardson, and Wylie ISDs
- Relay for Life
- Richardson Adult Literacy
- Richardson Reads
- Sachse Fallfest
- Santa's Village
- Teddy Bear Clinic for local Girl Scouts
- The Warren Center
- Wildflower! Arts & Music Festival
- Wylie Arts Festival
- Wylie Championship Rodeo.

Determined to survive

A new procedure is helping heart attack patients beat the odds



The irony of having a massive heart attack on Good Friday isn't lost on software engineer Frank Jurotich. The way he sees it, it really was a good Friday. It was the day

Methodist Richardson Medical Center and the Impella® heart pump saved his life.

Frank was at work when he collapsed, and several colleagues jumped in to perform CPR and jump-start his heart with a cardiac defibrillator. In the ambulance on the way to Methodist Richardson, Frank's heart stopped over and over again. When he arrived, John George, MD, cardiologist on the hospital's medical staff, was waiting for him.

"I was surprised he was awake and alert, but as we wheeled him into the cardiac catheterization lab, he flatlined again," Dr. George says. "We must have used the paddles more than 45 times."

At a crucial moment, Dr. George was able to implant the Impella heart pump — the world's smallest temporary pump — which keeps the patient alive while the doctor works to restore heart function.

Frank survived a 100 percent blockage in his right main coronary artery, but you don't have to remind him how remarkable his story is.

"My survival is truly miraculous, and I have a lot of folks to thank for it," he says.

MORE SPACE TO SAVE LIVES

In addition to bringing the Impella heart pump to its cardiac care offerings, Methodist Richardson opened a third cardiac catheterization lab in fall 2017. The bi-plane cath lab enables doctors to view two separate planes of the heart at the same time. This allows them to perform the highest level of interventional cardiology. The third lab also offers more space to respond to heart emergencies.

Methodist Richardson is proud to invest in the heart health of the surrounding communities. Learn more at MethodistHealthSystem.org/RichardsonCardio.

CARE YOU CAN TRUST

Here are just some of the accolades we've received in the last year.

Methodist Health System

- Three winners in the *D CEO* magazine Excellence in Healthcare awards
- Among *Hospitals & Health Networks* magazine's "Most Wired" in the nation for the seventh consecutive year
- Named to *Becker's Hospital Review* list of 52 Hospitals to Know
- Pamela McNutt, FCHIME, LCHIME, FHIMSS, senior vice president and chief information officer, named to Most Powerful Women in Healthcare IT by *Health Data Management*
- Fifty-three physicians on the medical staff among the *D Magazine* Best Doctors in Dallas.

Methodist Richardson

- Four-star rating in overall hospital quality from the Centers for Medicare & Medicaid Services
- One of only four hospitals in the country to receive the 5 Rings Award from IntelliCentrics
- American Heart Association Mission: Lifeline® Silver Receiving Quality Achievement Award
- American Heart Association Get With The Guidelines®-Stroke Silver Plus Achievement Award
- American College of Surgeons Commission on Cancer accreditation
- Magnet® and Pathway to Excellence® program designations from the American Nurses Credentialing Center
- Accredited by the American College of Radiology for breast MRI
- Robert A. Warriner III, MD, Center of Excellence Award for Methodist Richardson Wound Care and Hyperbaric Center
- Continued certification by The Joint Commission as an Advanced Primary Stroke Center.

Now we're known for nursing

This year, Methodist Richardson Medical Center became the first hospital in Methodist Health System to achieve the American Nurses Credentialing Center's Magnet® designation for nursing excellence. Only 8 percent of hospitals in the U.S. have earned this prestigious status.

"Our Magnet designation demonstrates our dedication to providing excellent service and quality care to our patients," says Vice President of Nursing and Chief Nursing Officer Irene Strejc, MPH, BSN, RN, CENP.



Methodist Richardson Magnet Program Director Anne-Gret Friedrich-Cuntz, EdD, MSN, RN, CMSRN (left); Vice President of Nursing and Chief Nursing Officer Irene Strejc, MPH, BSN, RN, CENP; and President Ken Hutchenrider Jr., FACHE, react to hearing the news of the Magnet designation. Hospital staff members erupted in cheers.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Richardson Medical Center Foundation at 469-204-6990 or visit MethodistHealthSystem.org/RichardsonFoundation.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Richardson Medical Center, Methodist Health System, or any of its affiliated hospitals.

The Methodist Alliance for Patients and Physicians (MAP²) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP² are independently practicing practitioners and are not employees or agents of MAP², Methodist Health System, or any of its affiliated hospitals.