

# Community Highlights 2017

## We have lots to celebrate!

2017 brought new honors, new facilities, and new services to Methodist Mansfield

In the last year, Methodist Mansfield Medical Center celebrated its first 10 years of service to the community and had many successes — recognition for nursing and safety, the construction of new facilities, and the introduction of new technologies. Read on to see some of our proudest moments from 2017.

### NEW LEVELS OF EXCELLENCE

- Methodist Mansfield achieved Magnet® designation, the gold standard for patient care, impeccable service, and nursing expertise, from the American Nurses Credentialing Center (ANCC).



More than 300 community leaders celebrate the opening of the Methodist Center for Diagnostic Imaging – Mansfield and Alexander Medical Pavilion at 2975 E. Broad St.



Hospital and community leaders help prepare the final beam to be placed atop a second professional office building, to be completed in spring 2018. The four-story building is the first to be built on the hospital's southwest campus.

### HIGH STANDARDS OF SAFETY

- Methodist Mansfield earned two consecutive A grades — the highest possible rating — for Patient Safety in The Leapfrog Group® Fall 2016 and Spring 2017 Hospital Safety Score ratings. This is the highest rating possible by the independent hospital watchdog.
- Our new falls prevention program, implemented through collaboration with Mayo Clinic, has led to fewer than 1 fall per 1,000 patient days.

### OUR COMMUNITY REACH

- The new Methodist Center for Diagnostic Imaging – Mansfield and the Alexander Medical Pavilion opened at 2975 E. Broad St. The imaging center offers the first high-field open MRI machine in the community and is able to deliver high-quality, cost-effective medical imaging care for patients.
- We topped out a second professional office building (POB II) at the southeastern corner of Hospital Drive and Matlock Road. The 82,000-square-foot, four-story building will house a variety of physician offices and hospital services when completed in spring 2018.

### EXPANDING OUR FACILITY

- Two new operating rooms are dedicated to neurosurgery and trauma, equipping the hospital for its first craniotomy procedure.
- A third cardiac catheterization lab expanded the hospital's cardiology services and accommodates electrophysiology and interventional radiology procedures.



Methodist Mansfield celebrates achieving Magnet® status — an accomplishment only 8 percent of U.S. hospitals have achieved!

- We added 36 beds to the medical-surgical unit and 10 beds to the cardiac telemetry unit.
- Our new 16-bed cardiovascular and postcoronary intensive care units are equipped with intensive care monitoring 24 hours a day for patients with cardiac conditions.

### NEW TECHNOLOGIES AND SERVICES

- Our new obstetrics emergency department (OB/ED) offers 24/7 emergency services for pregnant women.
- New electromagnetic navigation bronchoscopy aids in diagnosing earlier stages of lung cancer, treating lung tumors, resolving airway obstructions, and curing inflammation and infections.
- The LINX® Reflux Management System offers a lifelong solution to gastroesophageal reflux disease.
- New 3-D mammography increases both the sensitivity and specificity of breast screenings.

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# NUMBERS TO KNOW

## 10,328

The number of people Methodist Health System employed throughout the Metroplex in 2017.



## 2020

As part of Methodist Health System's new Vision 2020, we aim to be the trusted choice for health and wellness. We're well on our way with these recognitions in 2017:

- Gold recognition in the American Heart Association's new Workplace Health Achievement Index
- Well Deserved Honorable Mention Award from UnitedHealthcare for our worksite wellness program.



## 1,616

The number of people employed by Methodist Mansfield Medical Center in 2017, making the hospital one of the largest employers in southeastern Tarrant County.

**3** The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Both Methodist and Mayo Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care, unmatched in this marketplace.

**14** The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the sixth year running.



Presenting the Robert S. Folsom Leadership Award to David B. Miller (second from left) are (from left) R. Stephen Folsom, Foundation board chairman; Jim Johnston, Foundation president; and Stephen L. Mansfield, PhD, FACHE, Methodist president and CEO.

**90** Methodist Health System celebrated its 90th anniversary on Sunday, Dec. 24, 2017. On that night in 1927, eight days before the hospital was to open, a young woman arrived in labor. The medical staff jumped into action and helped her give birth to a healthy baby — the first of thousands to be born at the hospital.

**\$1.4 billion** Methodist Health System's 2017 economic impact, including from income and benefits provided for employees.

**13** The number of years Methodist Health System Foundation has honored servant leaders with the Robert S. Folsom Leadership Award. In 2017, the award went to David B. Miller.

**\$155.9 million** How much Methodist Health System provided in unreimbursed charity care in fiscal year 2017.

**4/1/17** At 4:15 a.m. on this date, an 18-month, \$80 million investment paid off when Methodist Health System "flipped the switch" on Epic, its new systemwide electronic medical record system. This robust system allows Methodist to offer a new patient portal from an app on your smartphone or tablet! **Learn more at [MethodistHealthSystem.org/MyChart](http://MethodistHealthSystem.org/MyChart).**

### METHODIST MANSFIELD ADVISORY BOARD

Thank you to the outstanding people serving on our advisory board:

(from left) the Rev. Michael Evans; Dale McCaskill; Pam Rudnicki; Bruce Capehart; the Rev. Greg Buckles; William Coppola, PhD; Carol Esstman; John Phillips, FACHE, president, Methodist Mansfield; Randall Canedy, chairman; Stephen Foster, DO; Jim Vaszauskas, EdD; Jim Swofford; Greg Giessner; Michael Van Amburgh; Marti VanRavenswaay-Waddell; and Robyn Doty; (not pictured) the Rev. David Alexander; Bob Brown; Clayton Chandler; Tom Cox; Richard Schimming; and Alan Taylor, MD.



### WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Arlington Chamber of Commerce
- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- Grand Prairie Chamber of Commerce
- Greater Dallas Chamber of Commerce
- Greater Dallas Hispanic Chamber of Commerce
- Mansfield Area Chamber of Commerce
- Midlothian Chamber of Commerce.

# Committed to community wellness



Methodist Mansfield congratulates Willie Brown Elementary students for winning the Methodist Mansfield Dash for Cash 5K. The hospital encourages children to be active and participate in the Miles4Meredith 5K to earn funds for their school.

Methodist Health System and Methodist Mansfield Medical Center are improving the health of our community with these initiatives:

- **Medical support for local athletes.** Methodist Mansfield provides echocardiograms, sports physicals, health education, and team physicians for school athletes in the Mansfield and Midlothian ISDs. We also opened a Black and Blue Sports Injury Clinic at Methodist Urgent Care – Mansfield on Saturday mornings.
- **First-aid medical teams.** Methodist Mansfield provides physicians and nurses for the medical team in partnership with Tarrant County’s Susan G. Komen® for the Cure at the annual Race for the Cure®. Our director of community and public relations also served as the 2017 medical director.
- **Mansfield ISD Wellness Clinic.** Methodist Mansfield partners with Mansfield ISD to offer a dedicated clinic for school employees.
- **Methodist Alliance for Patients and Physicians (MAP<sup>2</sup>).** This accountable care organization (ACO) improves and saves lives through coordinated care for more than 109,000 people.



More than 1,000 people embrace health and wellness and raise awareness about good heart health as they run in the fourth annual Run with Heart on Saturday, Jan. 28, at Methodist Mansfield.

## Service and support in 2017

We were proud to offer or sponsor these and other community events and organizations last year:

- American Heart Association Tarrant County Heart Walk
- Arlington British Women’s Club
- Arlington General Motors
- Arlington-Mansfield Area YMCA
- Arlington Women’s Club
- Autumn Run Neighborhood Association
- Ben Barber Career and Technology Academy health and science program
- Big League Dreams Sports Park
- City health fairs and Lunch and Learn events
- City of Midlothian Chili Cook-Off
- City of Midlothian Fitness Challenge
- Fieldhouse USA
- Grand Prairie, Mansfield, and Midlothian ISDs and education foundations
- Harvesting International
- Hawaiian Falls
- HMS
- Lear Corporation
- Local Rotary and Kiwanis clubs
- Lockheed Martin
- Lowes Farm Neighborhood Association
- Mansfield Cares
- Mansfield Community Prayer Breakfast
- Mansfield Women’s Club
- March of Dimes® March for Babies®
- Meredith Hatch Foundation
- Mira Lagos Neighborhood Association
- Mission Arlington
- National Night Out
- Oldcastle Precast
- Parker Hannifin
- Pretty in Pink breast cancer event
- Run with Heart, as well as other local community run/walk events.



Physicians and staff members at Methodist Mansfield volunteered to conduct more than 1,000 sports physicals and nearly 200 echocardiograms for student athletes in the Mansfield and Midlothian ISDs.



Methodist Mansfield stepped up to help feed the hungry in Mansfield in honor of Methodist Health System’s 90th anniversary.



Methodist Mansfield's NICU gave Lacey and Kevin Wright's triplets a great start.

# Gladly giving babies a strong start

Two thousand two — that's how many babies Methodist Mansfield Medical Center helped bring into the world in fiscal year 2017. Nearly 500 of those infants benefited from the advanced medical support in the hospital's Level III Neonatal Intensive Care Unit.

More parents are choosing Methodist Mansfield because of these little success stories. The hospital has nationally recognized quality care and is home to a welcoming atmosphere and a caring labor and delivery staff.

The spacious, medically advanced, private labor/delivery/recovery suites enable a family-centered approach to care. To give you and your baby time to form that family bond, Methodist Mansfield encourages skin-to-skin contact and offers lactation consults during and after mom's delivery. Also in support of breastfeeding, Methodist Mansfield was the first hospital in southeastern Tarrant County to provide a convenient drop-off location for donor breast milk in collaboration with the Mothers' Milk Bank of North Texas.

We also offer a Fit4Baby® prenatal workout program designed just for the expecting mom. The Fit4Mom®-led program includes cardio, strength and core training, stretching, and meditation.

“The great care I received at the hospital made having triplets even more special.”

— Lacey Wright

## TEAMING UP IN THE COMMUNITY

Helping patients feel more confident on the inside and beautiful on the outside, Methodist Mansfield and Walgreens on Broad Street have joined together to give select patients mini makeovers. What started with Walgreens donating to the hospital as a charity effort soon flourished into a creative idea that not only gives back to the community but also helps patients feel relaxed through a spalike break.

The first recipient of the weekly makeovers was Midlothian mother Lacey Wright, who gave birth to adorable triplets on Saturday, July 8. Carrying the triplets longer than expected, Lacey went into labor at 32 weeks. Identical twin sons, Marshall and Nash, and daughter Oakley were treated in the NICU for a short period to stabilize their health.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit [Foundation.MethodistHealthSystem.org](http://Foundation.MethodistHealthSystem.org).

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Mansfield Medical Center, Methodist Health System, or any of its affiliated hospitals.

FIT4MOM® is an independent, legal entity separate from Methodist Mansfield Medical Center, Methodist Health System, or any other affiliated institution.

The Methodist Alliance for Patients and Physicians (MAP<sup>2</sup>) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP<sup>2</sup> are independently practicing practitioners and are not employees or agents of MAP<sup>2</sup>, Methodist Health System, or any of its affiliated hospitals.

## CARE YOU CAN TRUST

Here are just some of the accolades we've received in the last year.

### Methodist Health System

- Three winners in the *D CEO* magazine Excellence in Healthcare awards
- Among *Hospitals & Health Networks* magazine's "Most Wired" in the nation for seventh consecutive year
- Named to *Becker's Hospital Review* list of 52 Hospitals to Know
- Pam McNutt, FCHIME, LCHIME, FHIMSS, senior vice president and chief information officer, named to Most Powerful Women in Healthcare IT by *Health Data Management*
- Fifty-three physicians on the medical staff among the *D Magazine* Best Doctors in Dallas.

### Methodist Mansfield

- President John Phillips, FACHE, honored as Education Ambassador of the Year by Mansfield ISD
- Three nurses recognized in *D Magazine* Excellence in Nursing Awards and one nurse named to the DFW Great 100
- One physician and one employee honored as *Fort Worth Business Press* Health Care Heroes
- Two employees honored in Dallas-Fort Worth Hospital Council Awards as Employee of the Year and winner of the Rex McRae Scholarship, respectively
- Wound Care and Hyperbaric Center honored with Robert A. Warriner III Center of Excellence Award
- Texas Ten Step Facility by the Texas Department of State Health Services and the Texas Hospital Association
- IBCLC (International Board Certified Lactation Consultant®) Care Award Facility by the International Board of Lactation Consultant Examiners® and International Lactation Consultant Association®
- Blue Distinction Center for Cardiac Care
- American College of Cardiology Foundation's NCDR ACTION Registry®-GWTG™ Silver Performance Achievement Award
- American Heart Association Mission: Lifeline® Silver Receiving Quality Achievement Award
- American Heart Association/American Stroke Association Get With The Guidelines®-Stroke Gold Plus Achievement Award
- Best Maternity Ward and Best Hospital in 2016 *Focus Daily News* Reader's Choice Awards
- Honorable Mention 2017 for Best Emergency Department in *Arlington Today's* Readers' Choice All Stars
- Best Hospital and Best Emergency Department 2017 *Living Magazine's* Best of Readers' Choice.