

Community Highlights 2017

A 90-year history of saving lives and giving back

When Methodist Dallas Medical Center opened its doors in 1927, it was a community hospital that served Oak Cliff almost exclusively. In the nine decades since, our reach has widened. We're setting the clinical bar and have become a destination for many services, but we still value the community around us and give back in many ways.

Throughout 2017, we found ways to celebrate this tradition. We took part



A CELEBRATION TO REMEMBER: At the anniversary dinner on Dec. 5 at Methodist Dallas, guest speaker Dallas Mayor Mike Rawlings reflects on Methodist Health System's contributions to the city, especially in the southern sector.



CLEANING UP KIDD SPRINGS PARK: In October, Methodist Dallas employees slid on gardening gloves and partnered with Friends of Oak Cliff Parks to clean up Kidd Springs Park's Japanese Garden and make way for new plants and design.

in local service projects and invited the community to a birthday party that honored those born at the hospital. On Nov. 8, we gathered with local business and faith leaders for a prayer luncheon at First United Methodist Church in Dallas. It was at this church in 1921 that a Sunday school class founded the Golden Cross Ministry, and it was that ministry that inspired the founding of Methodist Health System.

On Tuesday, Dec. 5, we continued the celebration of Methodist Dallas' history with a dinner in the hospital lobby. President and CEO Stephen L. Mansfield, PhD, FACHE, and Dallas Mayor Mike Rawlings both outlined the ways the hospital and health system have contributed to Oak Cliff and beyond.



A BRUSH WITH KINDNESS: In honor of Methodist Health System's service to the community for 90 years, Methodist Dallas employees picked up a paintbrush and partnered with Dallas Area Habitat for Humanity to spruce up an East Oak Cliff home. It belongs to a disabled single father of two young daughters. They were very grateful that Methodist donated time and funds to improve their home.



TURNING 9-01: The sounds of Cole Porter filled Hitt Auditorium on Saturday, July 8. We welcomed anyone born at Methodist Dallas or with a connection to the hospital to come back for a fun-filled afternoon celebrating the hospital's birthday. More than 150 people attended the family-friendly event.

NUMBERS TO KNOW

10,328

The number of people Methodist Health System employed throughout the Metroplex in 2017.



2020

As part of Methodist Health System's new Vision 2020, we aim to be the trusted choice for health and wellness. We're well on our way with these recognitions in 2017:

- Gold recognition in the American Heart Association's new Workplace Health Achievement Index
- Well Deserved Honorable Mention Award from UnitedHealthcare for our worksite wellness program.



Presenting the Robert S. Folsom Leadership Award to David B. Miller (second from left) are (from left) R. Stephen Folsom, Foundation board chairman; Jim Johnston, Foundation president; and Stephen L. Mansfield, PhD, FACHE, Methodist president and CEO.

3,103

The number of people employed by Methodist Dallas Medical Center in 2017, making the hospital one of the largest employers in the southern sector.

3

The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Both Methodist and Mayo Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care, unmatched in this marketplace.

13

The number of years Methodist Health System Foundation has honored servant leaders with the Robert S. Folsom Leadership Award. In 2017, the award went to David B. Miller.

14

The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the sixth year running.

\$1.4 billion

Methodist Health System's 2017 economic impact, including from income and benefits provided for employees.

4/1/17

At 4:15 a.m. on this date, an 18-month, \$80 million investment paid off when Methodist Health System "flipped the switch" on Epic, its new systemwide electronic medical record system. This robust system allows Methodist to have a more unified approach to care and offers a brand-new patient portal. **Learn more at MethodistHealthSystem.org/MyChart.**

90

Methodist Health System celebrated its 90th anniversary on Sunday, Dec. 24, 2017. On that night in 1927, eight days before the hospital was supposed to open, a young woman arrived in labor. The medical staff jumped into action and helped her give birth to a healthy baby — the first of thousands to be born at the hospital.

\$155.9 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2017.

METHODIST DALLAS ADVISORY BOARD

Thank you to the outstanding people serving on our advisory board: (front row, from left) the Rev. Andy Stoker, PhD; the Rev. Larry George, DMin; Ben Houston, chairman; and Delia Jasso; (back row) Martin L. Koonsman, MD, FACS, president, Methodist Dallas; Robert Simonson, DO; Jim Fite; Kirk Wiginton; Frank Bracken; and Bernie DiFiore; (not pictured) Glenn Bodinson; Elba Garcia, DDS; Janie Gilmore; Lee Jackson; Yon Jorden; Pat Smith; Darrell Thigpen, MD; and Alan Walne.



WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Dallas Black Chamber of Commerce
- Dallas Hispanic Chamber of Commerce
- Dallas Regional Chamber of Commerce
- Oak Cliff Chamber of Commerce.

Living our vision for a healthier community

Methodist Health System and Methodist Dallas Medical Center are improving the health of our community with these initiatives:

- **Faith Community Nursing.** Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.
- **Life Shines Bright Pregnancy Program.** This program is dedicated to helping women have healthy pregnancies with the CenteringPregnancy® model of care. Since it started in 2008, the program has lowered the preterm birth rate among its participants to only 5.4 percent.
- **MedAssist.** This program provides vital bridge medications — 28 prescriptions in the past year — to patients in financial need. Through pharmaceutical partnerships, MedAssist also connected patients to 787 prescriptions for free medications valued at \$478,264.
- **Methodist Generations.** This program offers wellness activities, social events, and educational outreach for people ages 55 and older.
- **Mobile mammography.** In collaboration with Susan G. Komen® Dallas County, Methodist's mobile mammography unit brought breast cancer screenings directly to 664 women this year. With a brand-new unit purchased in 2017, Methodist hopes to reach even more women with this potentially lifesaving service.
- **Methodist Alliance for Patients and Physicians (MAP²).** This nationally recognized accountable care organization improves and saves lives through coordinated care for more than 109,000 people.
- **Unique Footprints.** In October 2017, Methodist Dallas welcomed these low-cost pre- and postnatal yoga classes to help moms with their breathing, mobility, and overall wellness.



Welcoming the Junior League of Dallas to Methodist Dallas are (back row, from left) neurosurgeon Nimesh Patel, MD, FAANS; trauma surgeon J. Darryl Amos, MD, FACS; and President Martin L. Koonsman, MD, FACS. The leaders enlightened the visitors about the work done in a Level I Trauma Center.



Methodist Dallas employees helped fellow Texans displaced or affected by Hurricane Harvey by collecting canned food, socks, and underwear for evacuees.



The staff from the Breast Center at Methodist Dallas celebrates the arrival of its new mobile mammography unit, which brings breast screening to underserved parts of the community.

Service and support in 2017

We were proud to offer or sponsor these and other community events and organizations last year:

- American Diabetes Association
- Armstrong Bradfield Preschool Association
- Armstrong Elementary School PTA
- Baby Blooms
- Bastille on Bishop
- Bishop Arts District Merchants Association
- Bishop Dunne Catholic School
- Boomer U
- Bradfield Elementary School PTA
- Cattle Baron's Ball
- CHILDREN AT RISK
- Dallas Aquatics/Kidd Springs Pool
- Dallas Area Habitat for Humanity
- Dallas Bike Ride
- Dallas Children's Advocacy Center
- Dallas Education Foundation
- Dallas Mayor's Back to School Fair
- Dallas Parks Foundation
- Friends of Oak Cliff Parks
- Garden2Table
- Girl Scouts of Northeast Texas
- Go Oak Cliff
- Good Space Dash for the Beads 5K/10K, benefiting Oak Cliff schools and organizations
- James S. Hogg Elementary School
- The Kessler School
- Clyde Warren Park
- Leukemia and Lymphoma Society
- Mothers' Milk Bank of North Texas
- North Oak Cliff Greenspace
- Oak Cliff Earth Day
- Oak Cliff Film Festival/ Texas Theater
- Oak Cliff Lions Club
- Oak Cliff Society of Fine Arts
- Old Oak Cliff Conservation League
- Pancreatic Cancer Action Network
- Park Cities Rotary Club
- Rosemont Dads Club
- Rosemont Early Childhood PTA
- Southwest Transplant Alliance
- Sparks of Strength
- Texas Winds Musical Outreach
- Trinity Commons Foundation
- Trinity River Levee Run
- University Park Elementary PTA
- The Well Community
- Westminster Presbyterian Preschool and Kindergarten Parents Club
- Winnetka Heights Neighborhood Association
- Wynnewood North Neighborhood Association.



Methodist Dallas helped more than 2,800 cyclists finish strong in the inaugural Dallas Bike Ride by sponsoring the finish-line event, complete with a yoga session, food trucks, healthy vendors, and live music. Joining in the fitness and fun are (from left) Methodist Dallas President Martin L. Koonsman, MD, FACS; his wife, Cathy Koonsman; Methodist Health System Assistant Vice President of External Relations Stacy Covitz; Assistant Vice President and Associate In-House Counsel Crystal Moore; and Executive Vice President of Legal Mickey Price.

CARE YOU CAN TRUST

Here are just some of the accolades Methodist Dallas has received in the last year.

Methodist Health System

- Three winners in the *D CEO* magazine Excellence in Healthcare awards
- Named to *Becker's Hospital Review* list of 52 Hospitals to Know
- Fifty-three physicians on the medical staff among the *D Magazine* Best Doctors in Dallas.

Methodist Dallas

- American Heart Association/American Stroke Association Get With The Guidelines® – Stroke Gold Plus Achievement Award
- Certification from The Joint Commission in total hip and total knee replacement for the fourth time
- Fifth consecutive A grade for Patient Safety in The Leapfrog Group® Spring 2017 and Fall 2017 Hospital Safety Score ratings
- Triple certification in pancreatic cancer, pancreatic surgery, and pancreatitis from The Joint Commission
- Three nurses named to DFW Great 100 list.

We're proud to promote health and wellness

You might not know it, but Methodist Dallas Medical Center co-founded the CareFlite ambulance service. Methodist Dallas is where the world's first heart-kidney-pancreas transplant took place, and it's one of only three adult Level I Trauma Centers in Dallas County. Our medical residents and fellows are highly sought after, and several of our programs, including neurosurgery, digestive health, liver, kidney, pancreas, and transplant, have garnered national attention, drawing patients for treatment and surgeons for training.

We bear a weighty legacy, and we're not letting up in our pursuit of excellence. Here are some clinical highlights and advancements from 2017:

- **Enhanced recovery after surgery (ERAS).** This protocol helps patients recover from surgery faster and with fewer complications.
- **First photodynamic therapy treatment at Methodist Dallas.** This treatment helps to shrink tumors in the bile duct.

- **Minimally invasive heart valve repair.** Instead of open heart surgery, heart, lung, and vascular physicians on the Methodist Dallas medical staff now repair heart valves with a few small incisions, which can decrease length of hospital stay, lower risk of infection and complications, and require fewer blood transfusions and less time on a ventilator.
- **Cardiac and Vascular Clinic.** This new service helps to coordinate cardiac care and facilitate collaboration among different specialists in a patient's care plan.
- **3-D mammography.** This technology provides an enhanced view of the breast, especially when a woman has dense breast tissue. The result is greater accuracy and more peace of mind for women coming for their annual breast exams.
- **Head and neck cancer program.** This program addresses the needs of more patients with tumors and other specialized cancers of the head and neck.

In 2017, this team of medical professionals started the ERAS protocol at Methodist Dallas, helping surgeries have smoother, faster recoveries.



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A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit Foundation.MethodistHealthSystem.org.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Dallas Medical Center, Methodist Health System, or any of its affiliated hospitals.

Unique Footprints is an independent, legal entity separate from Methodist Dallas Medical Center, Methodist Health System, or any other affiliated institution.

The Methodist Alliance for Patients and Physicians (MAP²) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP² are independently practicing practitioners and are not employees or agents of MAP², Methodist Health System, or any of its affiliated hospitals.