HOW TO WEAR YOUR MASK PROPERLY

DO wear your mask above your nose and below your chin

DO NOT wear your mask below your nose

DO NOT wear your mask below your chin

HOW TO REMOVE YOUR MASK PROPERLY

1. Carefully stretch the ear loops up and slide off over your ears

2. Handling only by the ear loops, fold the mask so that the outside is now facing in

3. Wash or sanitize your hands after removing your mask

FOR ADDITIONAL INFORMATION VISIT
THE COVID-19 PAGE ON: ShineOnlineHealth.com